

BREAKFAST

HOT & COLD CEREAL

Old Fashioned Oatmeal
Cream of Wheat
Cheerios[™]
Cornflakes

Corn Chex[™]
Cinnamon Toast Crunch
Total Raisin Bran[™]

ENTRÉES

Scrambled Eggs
Hard Boiled Egg
Thick French Toast

Home-Style Pancakes
Fruit, Granola & Greek
Yogurt

OMELETS

CHEESE: Egg omelet filled American cheese
WESTERN: Egg omelet with ham, sauteed onions, peppers and cheddar Jack cheese
PEPPERS & ONIONS: Egg white omelet with onions & peppers

SIDES

Cottage Cheese
Home Fries

Turkey Sausage Patty
Pork Bacon

BREAD BASKET

English Muffin
White or Wheat Toast
Bagel

Blueberry Muffin
Corn Muffin
Homemade Banana Bread

FRUIT & YOGURT

Apple Slices
Fresh Banana
Fresh Orange Slices
Seasonal Fruit

Fresh Cantaloupe
Diced Peaches
Diced Pears

Vanilla Yogurt
Lite Strawberry Yogurt
Plain Greek Yogurt
Vanilla Greek Yogurt

CONDIMENTS

Half & Half Creamer
Non-Dairy Creamer
Lemon Wedge
Honey
Margarine
Butter
Brown Sugar

Salsa
Ketchup
Mustard
Jelly
Diet Jelly
Peanut Butter
Cream Cheese

Lite Cream Cheese
Sugar
Sugar Sub
Herb Seasoning
Salt
Pepper
Hot Sauce

BEVERAGES

Skim Milk
2% Milk
Whole Milk
Fat Free Chocolate Milk

Fat Free Lactaid Milk
Vanilla Soy Milk
Chocolate Soy Milk
Whole Lactaid Milk

Orange Juice
Apple Juice
Prune Juice
Cranberry Juice
Iced Tea

Coffee
Decaf Coffee
Hot Tea
Hot Decaf Tea
Green Tea

Chamomile Tea
Regular Hot Chocolate
Sugar Free Hot Chocolate

LUNCH & DINNER

STARTERS

See reverse side for salad dressings and condiments.

Tossed Garden Salad
Side Caesar Salad
Chilled Baby Carrots
Coleslaw

SOUPS

Chicken Noodle
Sweet Tomato
Minestrone

ENTRÉES

Meatloaf with Brown Gravy
Hearty beef and turkey meatloaf served sliced and topped with brown gravy

Grilled Chicken
Grilled boneless chicken breast marinated in orange juice and herbs

Roasted Turkey Breast with Gravy
Hot out of the oven roasted turkey breast served with poultry gravy

Chicken Parmesan
Golden brown panko-coated chicken breast topped with spaghetti sauce, mozzarella and parmesan

Meatball Sub
Beef meatballs with tomato sauce and Provolone cheese on a roll

Cheese Tortellini with Marinara Sauce
Pan-sauteed cheese tortellini with marinara sauce topped with Parmesan and fresh basil

Baked Macaroni & Cheese
Corkscrew pasta in a creamy Cheddar cheese sauce with a golden Parmesan-bread crumb topping

Garden-Style Baked Cod
Oven baked cod with a Parmesan-herb vegetable crumb topping

Swedish Meatballs with Egg Noodles
Juicy meatballs in a rich creamy sauce served over buttery egg

Rice and Beans
Red kidney beans with moist, flavorful rice

Penne with Meat Sauce
Homemade sauce with ground beef, tomatoes, onion, bell peppers, garlic, basil, oregano served over penne pasta

ENTRÉE SALADS

Fall Chicken Cobb Salad
Romaine tossed with chicken, turkey bacon, cranberries, sweet potato, blue cheese, onion, hard cooked egg and red wine vinaigrette

Salad Sampler Plate
House made chicken salad, tuna salad and egg salad served on a bed of lettuce

DELI

Chicken Salad Sandwich
Creamy Dijon chicken salad served on white or whole wheat bread

Tuna Salad Sandwich
Creamy tuna salad served on white or whole wheat bread

Roasted Turkey Sandwich
Fresh oven-roasted turkey breast served on white or whole wheat bread

Peanut Butter & Grape Jelly Sandwich
An old-fashioned favorite served on white or wheat bread

Hummus & Pita with Vegetables
Traditional hummus with pita wedges, fresh cucumber slices, celery sticks and baby carrots

GRILL

Grilled Chicken Sandwich
Freshly grilled chicken breast on your choice of potato or wheat bulky roll

Cheeseburger
Grilled angus beef patty topped with American cheese, on your choice of potato or wheat bulky roll

Black Bean Burger
Grilled black bean burger served on your choice of potato or wheat bulky roll

Grilled Cheese Sandwich
Made with American cheese on white or wheat bread with your choice of tomato or bacon

SIDES

Green Beans
Steamed Carrots
Steamed Broccoli
Seasoned Corn

Mashed Potatoes
French Fries
Buttered Pasta
Baked Potato Chips

White Rice
Pretzels
Marinara Sauce
Poultry or Beef Gravy

LUNCH & DINNER

BREADS

Rustic Dinner Roll	Saltines
Wheat Bread	Corn Muffin
White Bread	Homemade Banana Bread

CONDIMENTS

Ranch Dressing	Margarine
Italian Dressing	Butter
Caesar Dressing	Salsa
Extra Virgin Olive Oil	Ketchup
Balsamic Vinegar	Lite Mayo
Non-Dairy Creamer	Mustard
Half & Half Creamer	Jelly
Lemon Wedge	Peanut Butter
Honey	Parmesan Cheese
Sugar	Tartar Sauce
Sugar Sub	BBQ Sauce
Herb Seasoning	
Salt	
Pepper	
Hot Sauce	

DESSERTS

Mini Red Velvet Parfait
Angel Food Cake
Chocolate Chip Cookie
Fudge Brownie
Vanilla *or* Chocolate Pudding
Citrus Gelatin
Vanilla *or* Chocolate Ice Cream
Orange *or* Raspberry Sherbet
Lemon Water Ice

FRUITS

Diced Peaches
Applesauce
Diced Pears
Fresh Banana
Fresh Orange Slices
Fresh Cantaloupe
Apple Slices
Seasonal Fruit

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Hello! **Rhode Island Hospital** is committed to providing an enjoyable dining experience for you during your stay.

Our goal is to provide you with a fresh meal created by our Executive Chef, approved by our Clinical Nutrition Team, and prepared by our dedicated food service professionals.

Due to your prescribed diet order by your physician. Not every item may be available on your menu.

A Room Service Host will visit you to obtain your **Lunch, Dinner & Breakfast** (next day) selections. Please take a moment to look over your menu prior to their visit.

NEED HELP ORDERING? You or your caregiver can call the Nutrition Order Line from your room phone by dialing 6-3663 or your cell phone at 401-606-3663 to place your meal orders from 6:30am-6:30pm daily.