3rd Annual CSF Disorders Symposium

Connective Tissue Syndromes and Manifestations of Cerebrospinal Fluid Disorders (CSF) of the Brain and Spine: "If You Cannot Connect the Issues, Think of Connective Tissues"

Saturday, June 16, 2018

Warren Alpert Medical School | Providence, RI



Jointly Provided By









In Collaboration With



WHO SHOULD ATTEND

Physicians, Physician Assistants, Nurse Practitioners, Nurses, Residents, Fellows and Researchers interested in advancing their understanding of the most prevalent Ehlers-Danlos syndromes (EDS) including diagnosis, manifestations, available treatment options, and the most current EDS research.

This comprehensive program will include topics of interest to healthcare professionals who specialize in gastroenterology, genetics, neurology, neuropsychology, neuroscience, neurosurgery, nutrition, pain management, pediatrics, physical therapy, primary care, pulmonology, radiology, rehabilitation, rheumatology, urology.

Register today: www.brown.edu/cme

LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to:

- Recognize the relevance of connective tissue syndromes, in particular Ehlers-Danlos-Syndrome, as overlooked conditions in patients with complex neurological symptoms
- Promote the concept and understanding of neurological cranial and spinal manifestations in connective tissue disorders
- Report the treatment options of pain, physical therapy and surgical options and the outcome of surgical interventions
- Discuss the recent research findings (including translational equine studies) to support the neurological manifestations and the surgical treatment options
- Describe how the neurological manifestations (i.e. Chiari malformation, craniocervical and spinal instability and occult tethered cord) and the pathophysiological link to deficient collagen, hypermobility, unstable vertebra, early disk disease, and an aroused immune system.

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7:30–8:30 ам	Registration, Breakfast, Visit Exhibitors	11:40-12:00 рм	•
8:30-9:00	Welcome and Introduction Ziya L. Gokaslan, MD, FAANS, FACS Petra M. Klinge, MD, PhD		Findings in the Setting Occult Tethered Cord Syndrome Janice A. Santos Cortes, MD
	Dorothy Poppe	12:00-1:00	Lunch and Visit Exhibits
	Executive Director Chiari & Syringomyelia Foundation		PAIN MANAGEMENT AND PHYSICAL HE DISORDERS OF THE BRAIN AND SPINE
	Susan Hawkins, BA, MBA Vice Chair, Board of Directors, International, The Ehlers-Danlos Society	1:00-1:20	Pain Management in Connective Tissue Disorders with Special Consideration of Neurological Manifestations
9:00-9:20	Introduction of the International Ehlers-Danlos Society		Pradeep Chopra, MD, MBBS, MHCM
	Lara Bloom Executive Director, International,	1:20-1:40	Pediatric Perspectives in Chronic Pain Angela C. Anderson, MD
9:20-9:40	The Ehlers-Danlos Society Current Concepts on the Diagnosis and Management of Ehlers-Danlos Syndromes: International Guidelines	1:40-2:00	Fibromyalgia—A Red Herring in the Diagnosis of Pain Associated with Connective Tissue Disorders Alexios Carayannopoulos, DO, MPH, FAAPMR
Clair A. Francomano, MD Neurosurgical & Neurological Treatment Manifestations of EDS in the Brain, the Skull Base & the Spine		2:00-2:20	The Role of Physical Therapy in the Management & Cure of Neurological Manifestations of Connective Tissue Disorders Patricia E. Meegan, DPT, L, ATC
9:40-10:00	Surgical Management of Cranocervical Junction Pathology Jared S. Fridley, MD	2:20-2:40	The Role of Physical Therapy in the Treatment of Ehlers Danlos Syndrome Kevin Muldowney, PT
10:00-10:20	Surgical Management of Craniocervical Junction, Hindbrain & Skull Base Abnormalities in Ehlers Danlos Syndrome Harold L. Rekate, MD	2:40-3:00	Break and Visit Exhibits
		EDS & Translational Studies	
10:20-10:30	Break and Visit Exhibits	3:00-3:20	Mast Cell Activation Disorders & EDS, Traveling Together in Modern Times Anne L. Maitland, MD, PhD
10:30-10:50	Chronic Intracranial Hypotension in the Setting of Meningeal Prolapses & CSF Leak Wouter I. Schievink, MD	3:20-3:40	Translational Research: A Widespread, Naturally Occurring Model of Ehlers-Danlos Syndrome in the Horse
10:50-11:10	Under Pressure: Diagnosis & Management of Intracranial Hypertension (Pseudotumor Cerebri) and Associated Headaches Julie L. Roth, MD	3:40-4:00	Ann Rashmir, DVM, MS, DACVS, PGCVE, FHEA Evaluation of Myodural Bridges in an Equine Model of EDS Abby McElroy, DVM
11:10-11:30	The Occult Tethered Cord Syndrome Petra M. Klinge, MD, PhD & Janice A. Santos Cortes, MD	4:00-4:20	Histopathology of Occult Tethered Cord in Patients with Ehlers Danlos Edward G. Stopa, MD
11:30-11:40	Imaging of Patient With Occult Tethered Cord Syndrome Amanda Baker, MD	4:20-4:40	Translation of Human & Veterinarian Disease in CSF Disorders Ane Uriarte, DVM, DECVN
		4:40-5:00 рм	Closing Remarks Petra M. Klinge, MD, PhD

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Co-Chairs

Ziya L. Gokaslan, MD, FAANS, FACS

Gus Stoll, MD Professor and Chair, Neurosurgery
Warren Alpert Medical School of Brown University
Neurosurgeon-in-Chief
Rhode Island Hospital & The Miriam Hospital
Clinical Director, Norman Prince Neurosciences Institute
President, Brown Neurosurgery Foundation | Providence, RI

Petra M. Klinge, MD, PhD

Professor of Neurosurgery Warren Alpert Medical School of Brown University Director, Division of Pediatric Neurosurgery Director, Center for CSF Disorders of the Brain and Spine Rhode Island Hospital & Hasbro Children's Hospital Providence, RI

Faculty

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Associate Professor of Pediatrics, Clinician Educator Associate Professor of Emergency Medicine, Clinician Educator Warren Alpert Medical School of Brown University Director, Division of Children's Integrative Therapies, Pain Management and Supportive Care, (ChIPS) Hasbro Children's Hospital | Providence, RI

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House Staff Officer in Diagnostic Imaging Warren Alpert Medical School of Brown University Rhode Island Hospital | Providence, RI

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Michigan State University College of Veterinary Medicine East Lansing, MI

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Clinician Staff Education Mentor Healy Physical Therapy and Sports Medicine | East Providence, RI

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Wouter I. Schievink, MD

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Janice A. Santos Cortes, MD

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Ane Uriarte, DVM, DECVN

Assistant Professor, Neurology and Neurosurgery Department of Clinical Sciences Foster Hospital for Small Animals Cummings School of Veterinary Medicine at Tufts University North Grafton, MA

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Program Description

Over 200 disorders impact connective tissue. Those are genetic disorders, such as Ehlers-Danlos syndrome, Marfan syndrome, and autoimmune disorders, such as lupus and scleroderma. Ehlers-Danlos syndromes (EDS), including the associated hypermobility spectrum disorders (HSDs), previously classified as EDS type III, are the most commonly observed, and the neurological manifestations include effects on the Cerebrospinal fluid circulation. This has been largely overlooked and poorly described.

In 2017, for the first-time management and care guidelines have been produced for the co-morbidities that can occur within EDS and HSDs (1) supported by the international Ehlers-Danlos society (2). Experts and physicians treating patients with EDS, more frequently and uniquely observe neurological manifestations that ought to be linked to the pathophysiology of deficient collagen, hypermobility, unstable vertebra and early disk disease, and an aroused immune system. All those deficiencies may cause structural and functional problems to the central nervous system, such as compression and stretch of the brain stem and spinal cord at the base of the skull due to instability and a hyperflexible spine, chronic cerebrospinal fluid leak and occult tethered cord syndrome (OCTS). Further, mediation of systemic inflammatory and immune reaction to the brain tissue, that may promote the neurological sequalae and symptoms, such as pain, extremity weakness and sensory deficits, bladder and bowel dysfunction and dysautonomia and cognitive complains. There are viable surgical options and interventions, i.e. stabilization of the skull base and spine, decompression of the skull base or surgical resection of the filum terminale to "release" the stretching of the spinal cord. Those interventions in the expert's hands have shown to ameliorate the above listed symptoms, however, this specialized field is in the pioneering stage and a controversial topic.

The CSF symposium will discuss and advance the understanding of the above with focus on the most prevalent Ehlers-Danlos syndromes, and provide both clinical and translational evidence to the concept of central nervous and cerebrospinal fluid system manifestations of connective tissue syndromes based in imaging, pathological findings and results of pain, physical therapy and surgical interventions.

Conference Location and Parking

Warren Alpert Medical School of Brown University 222 Richmond Street, Providence, RI 02912

Parking will be available in the parking garage <u>connected</u> to the Medical Building, located on the corner of Richmond and Elm Streets. Enter through the Elm Street entrance.

Please notify the Brown CME Office in writing at least two weeks prior to the conference to request reasonable accommodations.

Hotel Accommodations

Omni Providence Hotel, 1 W. Exchange St., Providence, RI 02903

To book hotel reservations with the current Brown University rate: http://www.campustravel.com/university/brown/

Registration Information — Register Online At:

https://apps.biomed.brown.edu/cme_registration

Registration Fees:

\$75.00 Healthcare Professionals

No Charge for Researchers, Residents, Fellows and Students but registration is required as space is limited.

Conference registration fee includes: breakfast, breaks, lunch, access to an online syllabus, and on-site parking.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and Department of Neurosurgery at Rhode Island Hospital. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

<u>Physicians</u>: The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

<u>Physician Assistants/Nurse Practitioners</u>: Participants will receive a Certificate of Attendance stating this program is designated for 6.5 hours *AMA PRA Category 1 Credits*TM. This credit is accepted by the AAPA and AANP.

<u>Physical Therapists/Physical Therapy Assistants</u>: An application has been submitted to the Rhode Island Board of Physical Therapy to offer CE programs for physical therapists. Determination of credits is pending.

Nurses: This activity has been submitted to the Northeast Multi-State Division for approval to award contact hours. The Northeast Multi-State Division is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Maine, New Hampshire, New York, Rhode Island, Vermont Nurses Associations are members of the Northeast Multi-State Division of the American Nurses Association.

Cancellation Policy

Cancellations/substitutions must be made in writing to the Brown CME Office at least two weeks prior to the conference, no later than June 1, 2018. A \$25.00 administrative fee will be charged for all refunds (no refunds for "no shows"). There will be no additional charge for substitutions. This conference is subject to change or cancellation.

For More Information, Contact the Brown CME Office

233 Richmond Street, Box G-R156, Providence, RI 02912