



Women's Medicine Collaborative
A program of The Miriam Hospital
Lifespan. Delivering health with care.™

Center for Women's Gastrointestinal Medicine
(401) 793-7080

Instructions for Sigmoidoscopy
without sedation

Dear _____ ,

Due to unexpected emergencies, your procedure time cannot be guaranteed. Please contact your insurance company prior to your procedure to understand your responsibility for any co-payment and/or deductible. Note: This is a hospital-based Endoscopy Unit.

You will have your procedure at:

- ___ Women's Medicine Collaborative, 146 West River Street, Providence, RI – 3rd Floor, Suite 11-D
- ___ Wayland Surgical Center, 17 Seekonk Street, Providence, RI
- ___ Miriam Hospital, 164 Summit Avenue, Providence, RI - 1st Floor, Endoscopy Unit
- ___ Rhode Island Hospital, 593 Eddy Street, Providence, RI - Main Building, 9th Floor, 9B Endoscopy Unit

Date: _____ Appointment Time: _____ **Arrival Time:** _____

With: Dr. _____

Note: You may drive yourself to and from your procedure.

Purchase from the Pharmacy Two (2) Fleet enemas

Important: Have nothing to eat or drink for **6 hours** before your arrival time. **No gum or candy.**

Morning of Sigmoidoscopy

Take two (2) Fleet enemas as instructed below:

- * The first enema is to be taken two (2) hours before your appointment time.
- * The second enema is to be taken one (1) hour before your appointment time.

Medications may be taken with sips of water on your regular schedule until **4 hours** before your arrival time.

Diabetic patients: Please check blood sugar level before your procedure.

On the day of your procedure please bring photo ID and a list of ALL your medications and dosages.

Please call the office if you have any questions 401-793-7080.
Information about your procedure can be found on our website at www.womensGIRI.org