



Women's Medicine Collaborative
A program of The Miriam Hospital
Lifespan. Delivering health with care.™

Center for Women's Gastrointestinal Medicine
(401) 793-7080

Instructions for Sigmoidoscopy
with sedation

Dear _____ ,

Due to unexpected emergencies, your procedure time cannot be guaranteed. Please contact your insurance company prior to your procedure to understand your responsibility for any co-payment and/or deductible. Note: This is a hospital-based Endoscopy Unit.

You will have your procedure at:

- ___ Wayland Surgical Center, 17 Seekonk Street, Providence, RI
- ___ Miriam Hospital, 164 Summit Avenue, Providence, RI - 1st Floor, Endoscopy Unit
- ___ Rhode Island Hospital, 593 Eddy Street, Providence, RI - Main Building, 9th Floor, 9B Endoscopy Unit

Date: _____ Appointment Time: _____ Arrival Time: _____

With: Dr. _____

Important: A responsible adult must be available to come into the endoscopy suite to sign you out of the unit. You will not be able to drive on the day of your procedure. You must have someone drive you home. You may take a taxi or bus, but only if you are accompanied by a responsible adult.

Important: No driving or drinking alcohol for 24 hours after your procedure.

Purchase from the Pharmacy Two (2) Fleet enemas

Important: Have nothing to eat or drink for **6 hours** before your arrival time. **No gum or candy.**

Morning of Sigmoidoscopy

Take two (2) Fleet enemas as instructed below:

- * The first enema is to be taken two (2) hours before your appointment time.
- * The second enema is to be taken one (1) hour before your appointment time.

Medications may be taken with sips of water on your regular schedule until **4 hours** before your arrival time.

Diabetic patients: Please check blood sugar level before your procedure.

On the day of your procedure
please bring photo ID and a list of ALL your medications and dosages.

Please call the office if you have any questions 401-793-7080.

Information about your procedure can be found on our website at www.womensGIRI.org