



Women's Medicine Collaborative
A program of The Miriam Hospital
Lifespan. Delivering health with care.™

Instructions for Upper GI Endoscopy

On the day of your procedure please bring photo ID and a list of ALL your medications and dosages.

Due to unexpected emergencies, your procedure time cannot be guaranteed. Please contact your insurance company prior to your procedure to understand your responsibility for any co-payment and/or deductible. Note: This is a hospital-based Endoscopy Unit.

You will have your procedure at:

___ Wayland Surgical Center, 17 Seekonk Street, Providence, RI

___ Miriam Hospital, 164 Summit Avenue, Providence, RI - 1st Floor, Endoscopy Unit

___ Rhode Island Hospital, 593 Eddy Street, Providence, RI - Main Building, 9th Floor, 9B Endoscopy Unit

Date: _____ Appointment Time: _____ Arrival Time: _____

With: Dr. _____

Important

- Do not stop Aspirin unless instructed by your primary care physician or cardiologist.
- A responsible adult must be available to come into the Endoscopy suite to sign you out of the unit. You will not be able to drive on the day of your procedure. You must have someone drive you home. You may take a taxi or bus, but only if you are accompanied by a responsible adult.
- If you have asthma or any lung disease, please be sure to bring your inhalers.
- Please do not wear perfumes or body lotions on the day of your procedure.

Day Before Endoscopy

- If you are scheduled for a morning appointment, do not eat or drink anything after 12:00 midnight the night before the procedure.

Day of Endoscopy

- Nothing to eat or drink unless otherwise instructed, also no gum or candy.
- If you have an afternoon appointment you may have clear liquids up to 4 hours before your arrival time.

Clear liquids are those you can "see through". Examples of clear liquids include:

- ✓ Water
- ✓ Strained fruit juice without the pulp
- ✓ Plain coffee and tea (**without** milk or cream)
- ✓ Clear broth or bouillon
- ✓ 7 UP, Sprite and Ginger Ale
- ✓ Sports drink (such as Gatorade and Propel Water) (Avoid red, blue and purple)
- ✓ Kool-Aid or other fruit flavored drinks (Avoid red, blue and purple)
- ✓ Plain Jell-O without added fruit or toppings (Avoid red, blue and purple)
- ✓ Popsicles (Avoid red, blue and purple)
- Medication can be taken with sips of water up to 4 hours before your arrival time.
- DO NOT take Antacids or Carafate before this procedure.

Important: Notify your physician or nurse if you are an insulin dependent diabetic or have special health care needs.

Please call the office if you have any questions 401-793-7080.

Information about your procedure can be found on our website at www.womensGIRI.org