

IRB Approval: 02/05/2019
IRB Accepted: 02/16/2019
IRB Expiration:08/19/2019



Very little is known in the United States about the use of hookah tobacco during pregnancy.

Researchers in the Division of Maternal-Fetal Medicine at Women & Infants Hospital are interested in talking to pregnant women who have used hookah during pregnancy or up to three months before becoming pregnant to learn about their experience with hookah.

Research Team:

Principal Investigators:

Laura Stroud, PhD

Lori Scott-Sheldon, PhD

Co-Investigator:

Erika Werner, MD

project LET'S TALK ABOUT
HOOKAH

A RESEARCH STUDY BEING CONDUCTED BY

Women & Infants
A MEMBER OF CARE NEW ENGLAND

womenandinfants.org/hookah



BROWN
Alpert Medical School

(401) 954-4244



Learning about hookah use and pregnancy



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Are you pregnant and using hookah?

How does the research process work?

Researchers at Women & Infants Hospital are investigating the impact various flavors and features of hookah have on pregnancy. We are looking for pregnant women who have used hookah when pregnant or up to three months before becoming pregnant to participate.

Who is eligible? The study is open to women who:

- Are between the ages of 18 and 40.
- Are pregnant.
- Have used hookah during their pregnancy or up to three months before becoming pregnant.

How long will the research last? Your study participation will last approximately 12 months.

What will I need to do during the research study?

You will be asked to complete three interviews, two during your pregnancy and one after your baby is born. These interviews include questionnaires about your experience and thoughts about using hookah. We will also complete an exam with your baby within a few days after delivery.

Researchers will also collect:

- Pictures of the hookah you use and where you use it.
- Saliva, urine and breath samples.

All information gathered through these interviews is kept confidential.

Participants can earn \$ for completing the study.

Interested in participating? A member of our research team can talk to you by phone to determine if it's appropriate for you to come in for an initial interview. To learn more or to contact our research team, call **(401) 954-4244**, email us at **hookah@carene.org**, or visit **womenandinfants.org/hookah**.

