

DATE: ____/____/____

SUBJECT # _____

BODY DYSMORPHIC DISORDER DIAGNOSTIC MODULE - for Adolescents

1. Are you very worried about how you look?
IF YES: What don't you like?
Do you think (body part) looks really bad?

Is there anything else you don't like about how you look?
What about your face, skin, hair, nose, or the shape, size or other things about any other part of your body?

Do you think about (body part) a lot?
Do you wish you could worry about it less? (Do others say you worry about it too much?)

2. How does this problem with how you look affect your life? Does it upset you a lot?

Has your worry affected your family or friends?

3. (If concern is secondary to Anorexia Nervosa, score "1")

A. Preoccupation with an imagined defect in appearance. If a slight physical anomaly is present, the person's concern is markedly excessive. ? 1 2 3

NOTE: GIVE SOME EXAMPLES EVEN IF PATIENT ANSWERS NO TO THESE QUESTIONS.

Examples include: skin concerns (e.g., acne, scars, wrinkles, paleness), hair concerns (e.g. thinning), or the shape or size of the nose, jaw, lips, etc. Also consider perceived "defects" of hands, genitals or any other body part.

NOTE: LIST ALL BODY PARTS OF CONCERN

B. Preoccupation causes clinically significant distress OR impairment in social, occupational, or other important areas of functioning. ? 1 2 3

NOTE: IF SLIGHT PHYSICAL DEFECT IS PRESENT, CONCERN IS CLEARLY EXCESSIVE

C. The preoccupation is not better accounted for by another mental disorder (e.g., dissatisfaction with body shape and size in Anorexia Nervosa). ? 1 2 3

1 = absent

2 = subthreshold

3 = threshold or true