

Our research has shown that the following types of interference in daily functioning are common among people with BDD:

TABLE 7-1 *Interference in Functioning*

Problem	Percentage of People with BDD Who Experienced the Problem During Their Lifetime, Or Average Number*
Interference with social functioning (e.g., with friends, family, or intimate relationships) due to BDD	99%
Periods of avoidance of nearly all social interactions because of BDD	95%
Interference with work or academic functioning because of BDD	99%
Periods of complete avoidance of work, school, or one's role (e.g., maintaining a household) because of BDD	80%
Days of work missed because of BDD*	52 days
Not working currently due to mental illness**	39%
Receiving disability payments (currently)	23%
Not primarily due to BDD	13%
Primarily due to BDD	10%
Days of school missed because of BDD	49 days
Dropped out of school because of BDD	25%
Temporarily	14%
Permanently	11%
Completely housebound for at least 1 week because of BDD	29%
Ever felt depressed because of BDD	94%
Ever violent because of BDD	28%
Ever psychiatrically hospitalized	38%
Psychiatrically hospitalized at least once because of BDD	26%
Abuse of or dependence on alcohol or street drugs	40%

* Since BDD began.

** For most, BDD was their primary problem; 20% of this group had an additional reason they weren't working.