



Cardiovascular Institute
Rhode Island Hospital • The Miriam Hospital
Newport Hospital
Lifespan. Delivering health with care.®

The Center for Cardiac Fitness at The Miriam Hospital
208 Collyer Street, 2nd Floor • Providence, RI 02904
Phone: 401-793-5810 • Fax: 401-793-5815

HEALTH FOR LIFE PRIMARY PREVENTION PROGRAM

Referral Available in LifeChart for Lifespan Physicians Under Procedure REF5088

PATIENT _____ DOB ____/____/____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

1. PRIMARY PREVENTION _____ ICD-10

- ☐ No prior cardiac event or interventions, cardiac risk factors only

**2. CARDIAC MAINTENANCE/
PULMONARY MAINTENANCE** _____ ICD-10

- ☐ Cardiac event or intervention > one year
☐ Arrhythmia and/or pacemaker and/or ICD
☐ Following a Pulmonary program

3. BARIATRIC

Pre Procedure _____ ICD-10

- ☐ Weight loss regimen prior to surgery

Post Procedure _____ ICD-10

- ☐ Lap Band
☐ Gastric Bypass
☐ Sleeve procedure

4. WEIGHT MANAGEMENT _____ ICD-10

- ☐ Participant in TMH Weight Management Program

5. VASCULAR _____ ICD-10

- ☐ Post-op to peripheral stenting
☐ Peripheral Bypass
☐ Exercise as treatment for claudication

An exercise stress test **IS REQUIRED** for entrance into the Health for Life Primary Prevention Program.

- ☐ Please perform at the Center for Cardiac Fitness
☐ Results enclosed
☐ It has been scheduled for DATE _____
(please provide results)

NAME OF PHYSICIAN (PLEASE PRINT) _____ PHONE: _____ FAX: _____

DATE: _____ TIME: _____ MD SIGNATURE: _____

Please forward recent office note, EKG, lipid profile and **post-event** exercise stress test to:
The Center for Cardiac Fitness at 401-793-5815