

A Safe Night's Sleep



SAFE Sleep Habits

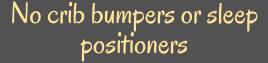
Baby is sleeping alone, not with other people (Room share-don't bed share)



Baby sleeps in a crib, bassinet, or other sleep-approved furniture

Baby is put "Back to Sleep"

No soft bedding such as pillows and blankets





UNSAFE Sleep Habits

Baby is lying on his/her side or stomach

Pillows, blankets, or stuffed animals are in the crib

Mobiles or crib tents are over the crib

A bottle is propped in baby's mouth

The crib isn't up to safety standards (wide gaps between crib slats and drop-side cribs are a NO)







