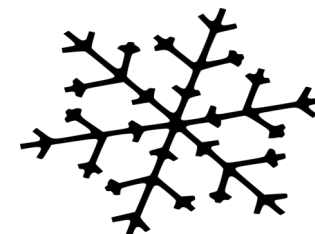











# Fitness For All—East Greenwich Exercise Class Schedule

## February 2020



Monday	Wednesday	Thursday	Saturday
1			
			8:00-9:00AM Chair Yoga 
3	5	6	8
4:00—5:00PM Chair Yoga 	8:00AM—9:00AM Tone Up 	5:00—6:00PM Tone Up 	
10	12	13	15
4:00—5:00PM Chair Yoga 	8:00AM—9:00AM Chair Yoga 		8:00—9:00AM Tone Up 
No Fitness Classes this week!			
24	26	27	
4:00—5:00PM Chair Yoga 	8:00AM—9:00AM Tone Up 	5:00—6:00PM Tone Up 