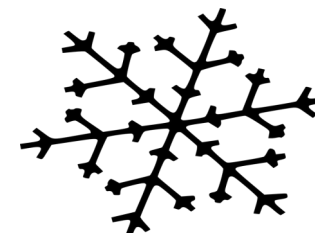











Fitness For All—East Greenwich Exercise Class Schedule

January 2020



Monday	Wednesday	Thursday	Saturday
	1	2	4
<i>No Classes this week and next—Happy New Year!</i>			
6	8	9	11
<i>Fitness Classes Resume Next Week!</i>			
13	15	16	18
4:00—5:00PM Chair Yoga 	8:00AM—9:00AM Chair Yoga 	5:00—6:00PM Tone Up 	8:00—9:00AM Tone Up 
20	22	23	25
4:00—5:00PM Chair Yoga 	8:00AM—9:00AM Tone Up 	5:00—6:00PM Tone Up 	
27	29	30	Feb. 1
4:00—5:00PM Chair Yoga 	8:00AM—9:00AM Chair Yoga 	5:00—6:00PM Tone Up 