



**Lifespan Lifestyle Medicine Center**

*A Lifespan Physician Group Practice*

*Delivering health with care.®*

## **4th Annual Lifestyle Medicine Symposium**

**Thursday, November 7, 2019  
5:00 - 8:30 p.m.**

**Johnson & Wales University  
Harborside Campus  
265 Harborside Blvd., Providence, RI 02905**

Join us to learn how Lifestyle Medicine principles enhance patient care.

### **Fibromyalgia and Movement**

**Mariah Stump, MD, FACP**



### **The Gut Microbiome**

**Colleen Kelly, MD, FACP**



### **Fermented Foods**

**Jonathan Poyourow, MA, RD, LD**

Registration \$45 Includes plant-based meal.

For the agenda and to register, visit

<https://www.lifespan.org/events/lifestyle-medicine-symposium>

For questions, please contact Gwen  
(401) 793-7817 GLariviere1@lifespan.org

This symposium is intended for members of the Rhode Island health care community including physicians, nurses, dietitians, fellows, and students.