

# Asthma Camp 2017

## Community Asthma Programs Of Hasbro Children's Hospital

Living with asthma can be a challenging and lonely experience for a child. Asthma Camp increases independence of children by taking away the mysteries of their asthma and showing them that they can be in control. Kids learn together how to take an active role in the management of their asthma. Your child will learn:

- ◆ what happens to the lungs before and during an asthma attack.
- ◆ why it is important to take asthma medications every day.
- ◆ to identify his/her asthma warning signs.
- ◆ what asthma triggers are and how to avoid them.
- ◆ how to prevent asthma attacks and better manage his/her asthma.
- ◆ that he/she can do anything when asthma is controlled.

Campers will learn about asthma management, while having fun and enjoying a wide range of typical camp experiences.

Campers, ages 9 to 13, will be selected from the applications received by May 8, 2017.

Priority selection is given to children:

- with severe asthma
  - who have not previously been to Camp
  - who have participated in an educational workshop sponsored by the Community Asthma Programs.
- Call 444-8340 to register.

**Camper selection will be made after May 1st.** All families will be contacted after Mid-May of 2017. If your child is not selected, he or she may be placed on a waiting list.

### Camp Location & Staffing

Asthma Camp 2017 is an overnight camp located at Canonicus Camp and Conference Center in Exeter, Rhode Island. The cabins are air-conditioned, and the campers are housed by gender +picked to ensure your child enjoys camping and educational activities.

### Medical Care & Medications

Aris Garro, MD, is an Assoc. Professor of Pediatrics & Emergency Medicine at Hasbro Children's Hospital serving as Medical Director of Asthma Camp 2017.

Campers receive excellent medical support in a clinic staffed by on-site physicians, respiratory therapists and nurses. Medications are very closely monitored according to the instructions of your child's doctor. Each camper will bring his or her own medications to camp.

1. For additional information please check our website:

<https://www.lifespan.org/centers-services/community-asthma-programs/asthma-camp>

2. You must complete the 5 pg. application and mail or fax to:

**Asthma Camp 2017**  
**Community Asthma Programs**  
**Of Hasbro Children's Hospital**  
**593 Eddy Street, Annex Bldg. 3<sup>rd</sup> Fl**  
**Providence, Rhode Island 02903**  
**Fax: (401) 444-7409**

### How much does it cost?

Accepted campers will receive a campership. Camperships have been made possible through the generosity of various community organizations, and all of the cost is covered for each child.

Efforts to obtain camp funding are continued throughout the year by our program. Donations to the camp fund are always gratefully accepted. To contribute, please contact us:

**The Community Asthma Programs**  
**Asthma Camp Fund**  
**593 Eddy Street, Annex Bldg 3<sup>rd</sup> Fl**  
**Providence, Rhode Island 02903**  
**(401)-444-2955**

Community Asthma Programs Director:  
Daphne Koinis-Mitchell, PhD

Camp Administrator Director:  
Miosotis Alsina

Camp Medical Director:  
Aris Garro, MD

## Activities:

Swimming

Archery

Canoeing

Arts & Crafts

Water Slide

Games

### For additional information call:

Miosotis Alsina  
Administrator Director of  
Asthma Camp  
Community Asthma Programs  
Of Hasbro Children's Hospital  
(401)-444-2955 or email at;  
[malsina@lifespan.org](mailto:malsina@lifespan.org)

# Asthma Camp 2017

***DON'T WAIT  
ENROLL TODAY!***

***APPLICATIONS  
DEADLINE HAS  
BEEN EXTENDED TO  
MAY 8, 2017***

Community Asthma Programs  
of Hasbro Children's Hospital

# Asthma Camp 2017

**June 25-June 29**

## Asthma Camp 2017

an initiative of the  
Community Asthma Programs  
of Hasbro Children's Hospital

Please make additional  
copies if needed.

***Application Deadline has  
been extended to;  
May 8, 2017***