



Lifespan

Delivering health with care.™

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IRB Accepted: 3/14/2019



MIND YOUR HEART STUDY



***Are you 18 years old or older?**

***Have you been diagnosed with Heart Failure?**


***Do you sometimes forget to take your medications?**

You could qualify for a Research Study at the Miriam Hospital, looking at whether Mindfulness Training improves **medication adherence** in adults with heart failure.

You will be compensated for your time.

Parking is available.

**If you are interested in learning more about the
MIND YOUR HEART Study
please contact us by:**

 **401-793-8022**

Or

 **MindYourHeart@Lifespan.org**



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