

PROVENTIL HFA

What is Proventil?

- Proventil is a **rescue inhaler**
- It is used **as needed** to help relieve flare-ups (shortness of breath, wheezing, difficulty breathing)

How does it work?

- Opens up the lungs, allowing you to breathe easier

Storage:

- Proventil must be thrown out **after the expiration date** or once the **dose counter reaches zero** (at this point, no medicine is left)



How to clean your inhaler:

- Wipe mouthpiece with slightly damp cloth or cotton swab as needed
- Remove metal canister from inhaler and rinse water through plastic inhaler once weekly after your evening dose and let air dry. This ensures that medicine does not build up in your inhaler
- Keep the cap off of the mouthpiece overnight to allow the mouthpiece to air dry

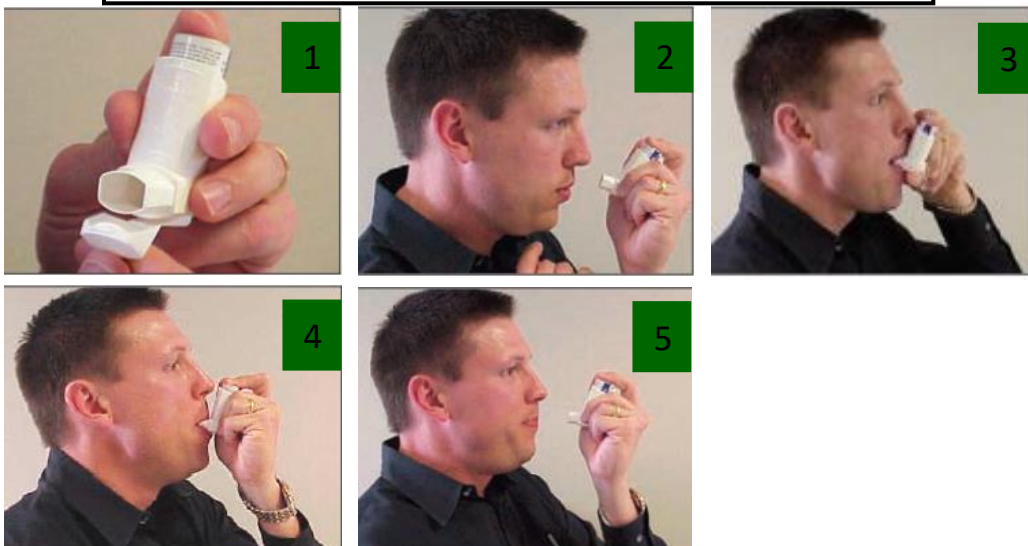
How to prime your inhaler:

- Priming is important to ensure your inhaler is working properly prior to administering the first dose, or if you have not used your inhaler within 2 weeks.
- Follow the steps below to set up a dose of medication. Instead of inhaling the medicine, shake your inhaler for 5 seconds and point your inhaler towards the ground (away from your face). Press on the dose-release button until you see a spray.
- Repeat three more times for a total of **4 sprays** towards the ground. Your inhaler is ready to use.

How to use your Proventil HFA:

3 MAIN STEPS:

- A. Breathe out away from the inhaler
- B. Take a slow deep breath in
- C. Hold your breath for 10 seconds or what is comfortable



STEP1: shake inhaler for roughly 5 seconds to suspend the medication inside and remove mouthpiece cap. If this is your first time using the inhaler or if it has been a while since you've used it, you will need to prime the inhaler (please see instructions above).

STEP 2: hold the inhaler between your pointer finger and thumb as shown in the picture. Take a deep breath in and **breathe out fully away from your inhaler.**

STEP 3: place your inhaler up to your mouth and form a tight seal around the mouthpiece with your lips.

STEP 4: take a **slow, deep breath in.** At the same time, press down on the inhaler canister to actuate one puff.

STEP 5: remove the inhaler from your mouth and **hold your breath for roughly 10 seconds** or sooner, however long is comfortable, then relax. If a second puff is needed, wait one minute between.

NOTE: there is a **dose counter** that will alarm you when you are running out of medicine. When the counter reaches the **red zone**, call your pharmacy for a refill.

What if I can't afford my Proventil HFA?

1. *Copay card*

- Website: <http://www.proventilhfa.com/pfha/index.xhtml>
- Phone number: 1-800-727-5400

2. *Medicare extra help:*

- Website: <https://www.ssa.gov/medicare/prescriptionhelp/>
- Phone number: 1-800-MEDICARE (1-800-633-4227; TTY 1-877-486-2048)

3. *Federal patient assistance via drug company*

- Website: <http://www.merckhelps.com/>
- Phone number: 1-800-727-5400
- NOTE: to qualify, will need to meet income requirements, out of pocket expenses, etc.

4. *State patient assistance:*

- Website: <https://www.medicare.gov/pharmaceutical-assistance-program/state-programs.aspx>
- Phone number: (401) 462-3000 or (401) 462-0740

5. *Discount drug programs:* GoodRx, LowestMeds, NeedyRx, America's Drug Card, etc.

- Please talk w/ your office pharmacist for more information

When should I call my doctor?

1. I am having difficulty or pain while breathing most days of the week
2. I am having difficulty sleeping through the night due to difficulty breathing
3. My worsening in breathing is making it hard for me to work or maintain my daily activities
4. I am using my rescue inhaler more often OR refilling it more often
5. I've needed to use a greater amount of oxygen than normal
6. I have an increase in sputum production if I have COPD
 - Especially in conjunction with a temperature ≥ 100.3 degrees F