

Learning about pen needles

1

Choosing a pen needle is a matter of preference, technique and comfort.

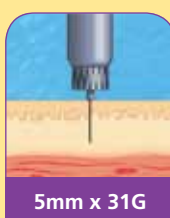


2

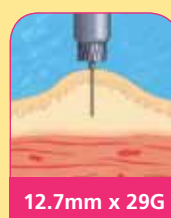
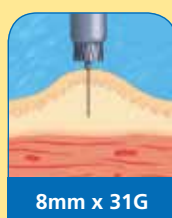
Not all pen needles require pinch up.



No pinch up*



No pinch up*



3

When using either the 8mm x 31G or 12.7mm x 29G pen needle, be sure to use proper pinch-up technique.



*Some children as well as very thin or muscular teens and young adults, may want to use the pinch up technique if injecting into areas with minimal fat below the skin (i.e. legs, arms, abdomen) to further reduce the risk of intra-muscular injection.

Preparing and injecting with a disposable pen



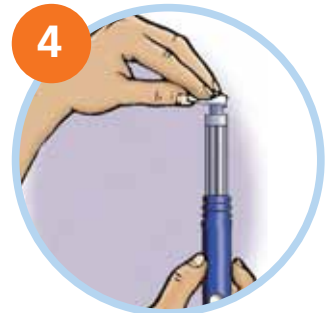
Wash your hands.



Get supplies.



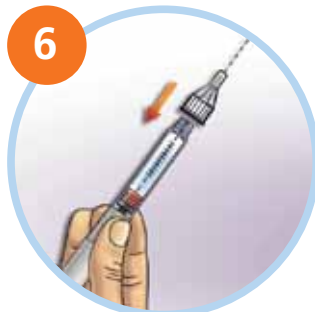
Remove the pen cap.



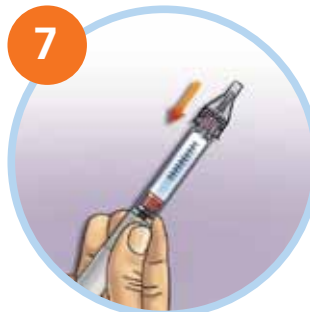
Wipe stopper with BD™ Alcohol Swab.



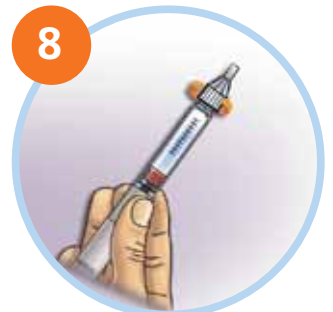
Take out new pen needle.



Position the needle along the axis of the pen.



Pierce the center of the cartridge.



Screw on the needle.



Pull off the outer and inner shield.



Follow the pen manufacturer's directions to prepare or prime your particular pen.



Wipe injection site with BD™ Alcohol Swab. Select insulin dose.



Perform the injection using the recommended technique.