

Community Physician Partners

NEWSLETTER AUGUST 2023

Dear Member of Community Physician Partners,

This newsletter provides you with information and updates about Community Physician Partners (CPP) and our payor contracts.

The Lifespan Value-Based Contracting Department, with oversight from the CPP Board of Directors, negotiates contracts with payors on behalf of CPP members.

These contracts also include the Lifespan employed primary care practices. These are risk contracts with shared savings, infrastructure and quality incentive components.

We appreciate this important partnership between CPP and the Value-Based Contracting Department. Dan Moynihan, Lifespan Vice President, Contracting and Payor Relations.



CPP Board of Directors

Christine Hebert, MD (University Internal Medicine)
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Flora Treger, MD (Women's Internal Medicine)

Provider Spotlight



CPP Practices

Anchor Medical Associates	Kingstown Pediatrics	
Angelo DiCenso, MD	Medical Associates of RI	
Aquidneck Pediatrics, LLC	P.R.I.M.A. Inc	
Atwood Pediatrics, Inc.	Richard Ruggieri MD Inc	
Brown Medicine	University Internal Medicine	
Children's Medical Group	Women's Internal Medicine, Inc.	
David Steigman, MD		

Dr. David Marcoux, President, CPP Board of Directors.

Dr. Marcoux is employed at University Internal Medicine in Pawtucket, RI.

If you have any questions regarding the CPP Board or interest in nomination to the Board, please email: dmarcoux@lifespan.org.



What is "Value-Based Contracting/Care"?

Value-based care ties the amount health care providers earn for their services to the results they deliver for their patients, such as the quality, equity, and cost of care.

Through financial incentives and other methods, value-based care programs aim to hold providers more accountable for improving patient outcomes while also giving them greater flexibility. (Commonwealth Fund).



Payor Incentives and Bonuses for providers are part of most contracts.

Contracts include such areas as closing gaps-in-care for quality measures, doing annual wellness visits, screening for social determinants/drivers of health while using the applicable Z codes, and scoring well on patient experience and health outcomes surveys.



Our Payor Contracts

Commercial: • Blue Cross Blue Shield RI • United Healthcare • Tufts

Medicare & Medicare Advantage: • CMS Medicare Shared Savings Program • Blue Cross Blue Shield RI • United Healthcare

CPP Strategies

Value-based care is an essential strategy for CPP primary care practices.

Dan Moynihan, VP of Value-Based Contracting, is working closely with primary care leaders regarding how our value-based payor contracts are strategically important and involve state and community partners. Part of the strategy includes working to create a stronger primary care environment with our colleagues in the Lifespan employed primary care practices.

We all need to start thinking about CPP strategies and how CPP is to be viewed in the future. Send any strategy comments to Dan Moynihan (dmoynihan@lifespan.org). Dan will relay opinions to Lifespan leadership to ensure we are all included in the strategies around value-based care/primary care.



The PQIP Incentive Payment Program

The BCBSRI Provider Quality Incentive Program (PQIP) awards providers an incentive payment. The Program focuses on quality measures, patient experience, and member-reported health outcomes.

PQIP incentive payments are based on an overall measure achievement score for each provider which affords you a means of understanding your performance relative to your peers.



Focus on Quality (these are new incentive measures that are in one or more contracts)

- <u>Kidney Evaluation for Patients with Diabetes (KED):</u> This measure requires an estimated glomerular filtration rate (eGFR) **AND** a urine albumin -creatinine ratio (uACR) for patients 18-85 with diabetes (type 1 and type 2) during the year.
- <u>Chlamydia Screening:</u> This quality measure includes sexually active women 16–24 years who need at least one test for chlamydia during the year.
- Advanced Care Planning (sometimes known as Advanced Directives-Was advanced care planning ever discussed?)
- Activities of Daily Living (Were you asked if you needed help with bathing, using the bathroom, cooking, shopping etc.?



- We are encouraging all providers to take into account SDOH during patient encounters.
- The five SDOH CMS Domains: (1) Food Insecurity (2) Housing Instability (3) Transportation Needs (4) Utility Difficulties (5) Interpersonal Safety.
- In some cases, ICD-10 for SDH may allow for a higher E&M code see
 https://www.aapc.com/blog/52108-account-for-social-determinants-of-health-when-coding-office-visits/
 for details
- One current contract includes SDOH as a quality incentive and we anticipate other contracts will soon.
- A short tutorial may be found here <u>Social Determinants of Health Considerations for Network Care</u> Providers (chameleoncloud.io)
 - (Thank you to Nate Beraha, MD-Anchor Medical- for the above SDOH information).
- Use SDOH Z codes when possible. Link for SDOH coding list: Click Here



Clinical Pathway: Dementia

Clinical Pathways provide a standardized interdisciplinary care map and help reduce variations in practice.

Benefits for the pathway include increased communication among members of the health care team, decreased cost and length of stay, and increased patient and family satisfaction.

Health Care Provider Tasks				
	PCP			
Assessments	 Mini - mental (MMSE) (depending on level of dementia) 			
	o MoCa			
	Home Safety Evaluation			
	Health Care Providers to order:			
Labs	o B12			
	o TSH, T4,			
	o Urinalysis			
	o Folate			
	o Comprehensive Metabolic Panel			
	o CBC			
	o Mg			
	o HbA1c			

	LET.	
	o LFTs	
	Vitamin DSyphilis screening	
	CT or MRI Brain w or w/o Contrast	
Diagnostics	Other potential testing if indicated:	
Diagnostics	Other potential testing in indicated. Barium Swallow	
Referrals	Neuro Psych Testing	
	Alzheimer's Disease and Memory Disorders Center at Rhode Island Hospital	
	Care Team Tasks (working with providers)	
	Occupational Therapy	Inpatient
Referrals (Other)	Consider Driving Assessment- RIH Occupational Therapy on Allens Ave (Report)	Butler- Geri Psych (inpatient)
Neierrais (Other)	it sent to ordering provider. Report should be sent to DMV)	Butler has a research-based
	Physical Therapy	Geri-psych that patients apply
	Behavioral Health (i.e., Psychiatry)	to be in
	Palliative Care	RWMC- (inpatient) – Geri Psych
	Spiritual Care	(
	Failure to Thrive	
Nutrition	Difficulty Swallowing	
	 Speech Therapy 	
	 Thickening products if indicated. 	
	 Nutrition supplements (i.e., protein- Ensure, etc.) 	
	Education	
Nursing/Care	Caregiver Support	
Management	Resources	
-	o Alzheimer's Association	
	Adult Day Centers	
	Hope Center – outpatient (adult day care but locked to care for level of need	
	for Dementia patients)	
	 Cornerstone Adult Services memory Care Day Center (St. Elizabeth's) Non- skilled home health services for assist with ADLs / Home health aide: 	
	 Non- skilled home health services for assist with ADLs / Home health aide: Home Instead, Visiting Angels, Home Health agencies. 	
	Transportation: MTM, RIDE paratransit	
	DME companies: Assistive devices as needed.	
	Meals on Wheels or Mom's Meals	
	Care Breaks Diocese of Providence: Social Services	
	Education on Medications	
Pharmacy	Pill-packing (Lifespan pharmacy offers for free; WhiteCross pharmacy)	
	Check for patient assistance through manufacturer if any is offered	
	Visit with ACO/SOC patients at the Bedside:	
Care Transitions/	 Provide education to patient and families. 	
Transitions of Care	 Provide resources about adult day care, RIPIN, Office Healthy Aging 	
	 Collaborate with Inpatient Case Management and Social Work as needed. 	
	Communicate with PCP NCMs and Care Team	



ACO SNF Waiver & Updates

- The MSSP Skilled Nursing Facility (SNF) Waiver allows Lifespan Health Alliance (Medicare recipients) to receive full SNF benefits without requiring the 3-day inpatient hospital stay.
- Lifespan received approval to admit beneficiaries to a SNF from Inpatient and Emergency Departments.
- Lifespan went live with workflow in place as of 5/11/2023.
- There are 3 main sections of requirements:
 - Communication
 - Beneficiary Evaluation and Admission
 - Care Management Plan

- As part of the waiver application, we were required to list the diagnoses. (This is not a CMS list)
 - Congestive Heart Failure
 - Chronic Obstructive Pulmonary Disease
 - Pneumonia
 - Upper or Lower Extremity Injury from Fall
 - Cellulitis
 - Wound Care
 - Metabolic Derangement
 - Pain Management
- Patient must meet all the following:
 - On most recent LHA ACO attribution list
 - Cannot currently reside in a SNF or is in LTC
 - Must have a physician confirmed eligible diagnosis
 - Medically stable (as determined by physician)
 - Does not require (as determined by the physician) acute inpatient care
 - Requires skilled nursing



Coming Soon: Next Day Appointment - ED and PCP Collaboration

The Next Day Appointment-ED and PCP Collaboration Program assures a next-day follow-up appointment with a patient's PCP allowing ED providers to be more comfortable discharging certain patients. (For example, a patient with cellulitis who is given an IV dose of antibiotics and then started on oral antibiotics). If ED physicians know the patients will be seen the next day, a hospital admission may be avoided.

The IT and communication flow processes are being developed for this Program. Your practice will be contacted soon once orders are built in LifeChart and workflows are in place.



Equity

The Value-Based Contracting Department forwards reports from payors to your practices. We are mindful of equitable care for all regardless of insurance status and include the following language:

"Payor documents are forwarded to your practice by the Lifespan Value-Based Contracting Department as a source of information. We are pleased to collaborate with you. Our priority goal is healthcare equity for <u>all</u> regardless of insurance reports or a patient's insurance status."



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