

Living Kidney Donor Program

Sharing Your Story Worksheet: Find a Living Kidney Donor

By identifying a living donor, you can receive a kidney transplant sooner — getting you back to enjoying life with your family and friends. Share your story and stay positive!

How to Share your Story

Part One: Introduction – Tell people your name and a little bit about you.

Ex. My name is Jane and I'm a busy mom to three little boys. I love to read, and I also like to hike and explore national parks.

Part Two: Define the Need – Briefly describe your need for a kidney transplant and why you are searching for a living donor.

Ex. I'm reaching out because I have a health condition that affects my kidneys. I have been feeling sicker and sicker for months, and I don't have the energy to do the things that I love. My doctors told me that I need a kidney transplant and finding someone to become my living donor is my best option.

Part Three: List the Ways People Can Help – Let people know how they can make a difference.

Ex. I've always been independent and able to take care of myself. But now, I'm turning to my community for support. Please help me to find a living-kidney donor so I can get a transplant and avoid dialysis. I would truly appreciate it if you shared my story with others. Anyone interested in being evaluated as a potential living donor should complete the online form at brownhealth.org/donorguide. Thank you for your help!

DIVISION OF ORGAN TRANSPLANTATION

Rhode Island Hospital | 593 Eddy Street, APC 921 | Providence, RI 02903
401-444-8562 | RhodeIslandHospital.org



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Finding a Living Donor Champion

A Champion may be a friend, family member, co-worker, or anyone else who is willing to provide support for someone while on the kidney transplant waiting list. They can help by taking the lead in finding and securing a suitable living donor.

Who will I ask to be my Living Donor Champion(s)?

What are some tasks I'd like my Living Donor Champion to help with?

My Plan to Take Action

Who can I share my story with?

- Family: _____
- Friends: _____
- Acquaintances: _____
- Neighbors: _____
- Coworkers: _____

Where can I share my story?

- Places of worship/clergy: _____
- Volunteer groups: _____
- Alumni organizations: _____
- Fitness centers/sports groups: _____
- Local media: _____

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Where can I share my story? (continued)

Police/fire departments: _____

Stores/pharmacies: _____

Libraries/community centers: _____

Salons/barber shops: _____

Other: _____

Which methods of communication should I use?

- Word of mouth
- Emails
- Fliers
- Bulletins
- Social events
- Club meetings
- Vehicle decals/magnets
- Facebook page
- Letters
- Business cards
- Newsletters
- Family reunions
- Yard signs
- T-shirts

For more information or support, please contact a transplant social worker:

401-444-8549

401-444-8433

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