Water Safety



Did you know?

Drowning kills more children aged 1-4 than anything else except birth defects. Drowning is also the second leading cause of unintentional injury death among children aged 1-14. (CDC)

Drowning and other water related injuries are preventable. What will you do to keep your loved ones safe this summer?

Be Prepared

- Learn CPR
- Take swim lessons
- Always swim with a buddy
- Put on a life jacket and make a touchdown to ensure a snug fit

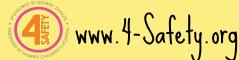


Supervision is Key

- Always designate someone to supervise children playing in the water
- Take shifts supervising
- Avoid reading and using electronics to prevent distractions
- Children should always swim near a lifeguard

Stay Safe With 4-Safety!





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4 Safety



Learn More!



CPR Courses

Swim Lessons

Lifespan Community Training Center at Lifespan Hospitals www.Lifespan.org

Red Cross www.RedCross.org/take-a-class

American Heart Association www.Heart.org

YMCA Check your local YMCA.

University of Rhode Island www.uri.edu/campusrec/aqu aticprograms/aquatichours/

Local Recreation Clubs Look for classes in your area.

Pool Safety

Children are more likely to drown in a family or friend's pool

Have a fence at least 4 ft tall on all four sides of your pool.

Install pool alarms to go off if someone falls in the water.

With inflatable pools, always empty water after use.

Boat Safety



Did you know?

Boat drivers can receive a DUI. Stay safe and don't drink while on board.

Drinking as a passenger can be dangerous as well and could lead to injury or drowning.

Don't forget! Always ask where life jackets are located before boarding.





