



# EATING DISORDER PROGRAM



## Hasbro Children's Hospital

The Pediatric Division of Rhode Island Hospital

*Lifespan. Delivering health with care.®*

Welcome to the Eating Disorder Program at Hasbro Children's Hospital. We believe that families are a critical part of the treatment team and are looking forward to working with you.

As part of the Adolescent Healthcare Center, we offer a multidisciplinary, family-centered approach to treating children, adolescents, and young adults with eating disorders. Our program provides medical monitoring, nutrition counseling, and social work support. We work closely with community-based therapists, primary care physicians, schools, coaches, and others to care for our patients.

Our providers include:  
Abigail Donaldson, MD  
Emily Allen, MD  
Anne Alvarez, NP  
Vanessa Corbera, LCSW  
Sherry Gagnon, CPNP  
Nahdee Sharpe, LCSW  
Shannon Simones, RD  
Alexa Siminsky, RD  
Liana Waybright, RD

Hasbro Children's Hospital is a training site for pediatricians. Your child may be seen by a resident, medical student, or social work intern at

some of his or her visits to clinic. All clinicians-in-training are closely supervised by senior providers and do not practice independently under any circumstances.

On the day of your appointment, please bring your completed history form and your insurance cards.

### **What to Expect During Your First Visit**

The initial visit, which includes a physical exam, psychosocial assessment, lab work, and an EKG, may last two to three hours. Both the patient and parent(s) or guardian(s) will be seen by a medical provider and a social worker. Time will be spent individually with the patient and parent(s) or guardian(s). We encourage any involved parents or caregivers to attend the first clinic visit.

Treatment recommendations will be discussed at the end of the appointment.

**We ask that you arrive at least 15 minutes before your appointment to allow time to register.**

### **Insurance Authorization**

If your insurer requires a referral to see a specialist, please contact your primary care

physician for the appropriate approval before your first appointment with our program, or you may be billed for your visit.

## Questions/Medical Advice

Before your first appointment with our program, we will not be able to provide specific medical advice about your child's care. If medical questions or concerns arise before your first appointment, please contact your child's primary care doctor. If you have general questions about our program or what to expect, please call our program administrator at 401-444-4712.

## Appointments

All initial appointments are scheduled through our main office at 401-444-4712. Your return appointments will be made with our administrative team as you leave the clinic, or during a follow-up phone call. If you need to cancel and/or reschedule an appointment, please call 401-444-5980 between 9 a.m. and 5 p.m. Monday through Friday.

Our clinical team sees patients in three offices. Please be aware that your appointments may not always be at the same office, depending on availability. Our clinics are located at:

Coro Center West  
Suite 3055  
1 Hoppin Street  
Providence, Rhode Island 02903

Lifespan Ambulatory Care Center  
900 Warren Avenue  
Suite 201  
East Providence, Rhode Island 02914

Lifespan Ambulatory Care Center  
1454 South County Trail  
East Greenwich, Rhode Island 02818

Directions can be found online at [www.lifespan.org/locations](http://www.lifespan.org/locations)

## Important Phone Numbers

Intake Coordinator: 401-444-4712

Follow-up Appointments:

Providence/Coro Building: 401-444-5980

East Providence: 401-793-8680

East Greenwich: 401-606-4300

Clinic Social Worker Nahdee Sharpe, LCSW:  
401-444-5107

## Test Results

All lab and EKG results will be reviewed in person at your first follow-up appointment. If there are any findings that require more urgent attention, you will receive a phone call with instructions from your child's provider within 24 hours of the initial appointment.

## Cancellation Policy

To cancel or reschedule your appointment, please call 401-444-4712 *at least 48 hours* before the appointment date so we may give the appointment to a patient on our waiting list.

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