

Your child life specialist is:

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and can be reached this way:

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**Hasbro Children’s Hospital**

The Pediatric Division of Rhode Island Hospital

*A Lifespan Partner*

*All for one.*

cardiology • oncology • orthopedics • many more



*All for one.*

Child Life Department  
Hasbro Children’s Hospital  
593 Eddy Street, Providence, RI 02903  
Room 144  
[HasbroChildrensHospital.org](http://HasbroChildrensHospital.org)



**CHILD LIFE SERVICES**



**PLAY WITH A PURPOSE**



**Hasbro Children’s Hospital**

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A child's hospital experience can be overwhelming for both the child and the entire family. The child life specialists at Hasbro Children's Hospital are here to support children and families through this experience by using their knowledge of child development to reduce stress and enhance coping skills.

## OUR STAFF

Child life specialists are certified professionals who are educated at the bachelor's or master's level in child life, child development or related fields.

## THE GOALS OF THE CHILD LIFE DEPARTMENT

- To encourage children and adolescents to maintain a sense of independence and control, as well as to provide an outlet for expression of their feelings
- To reduce the potential stress associated with the medical experience through education at a developmentally appropriate level
- To reestablish familiar routines, which may be disrupted within the confines of the medical environment
- To listen and advocate for family centered care

## THE ROLE OF THE CHILD LIFE SPECIALIST

An integral member of the health care team, the child life specialist's role includes:

- **Preparation** – to help children understand what will happen in the hospital at a developmentally appropriate level

- **Procedural Support** – to practice distraction and relaxation techniques to ease pain and enhance coping skills
- **Medical Play** – to encourage children to express fears, discuss misconceptions about the hospital and to gain a sense of control
- **Play** – to offer a positive and familiar experience that provides continued growth and development, as well as the opportunity for self expression
- **Programming** – to facilitate and support therapeutic activities such as creative arts, animal visiting, computers and many other programs
- **Special Events** – to coordinate birthday and holiday celebrations, in addition to visits from special guests
- **Supervision** – to train and mentor child life students, as well as play area volunteers

## CHILD LIFE SERVICES

Child life services assists pediatric patients and their families during hospitalization and is located throughout the hospital. Members of child life services collaborate with multiple health care professionals to best serve patient needs.

For more information regarding the child life department, please call 401-444-8279 or visit our website at [www.HasbroChildrensHospital.org/child-life-services](http://www.HasbroChildrensHospital.org/child-life-services).