



**Lifespan  
Community Health Institute**

*Delivering health with care.™*

# Emergency Resource Guide

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## Your Community Guide to Access

*The resources and documents within this guide are composed of various organizations and resources by State, community and faith based agencies dedicated to the Rhode Island community. This is not endorsed by Lifespan Health systems. Compiled by Julie A. Rawlings, Minority Outreach Specialist, Lifespan Community Health Institute.*

# **EMERGENCY RESOURCES**

## **National Grid**

### **Electric Shut-off**

1-800-465-1212 if you have been shut-off and need electric turned on immediately. **Your electricity will only be turned on three times in case of emergency.** After that you need a doctor's note stating if there is a health need as to why your electric needs to stay on. You need to register with National Grid and/or the Rhode Department of Health for the forms needed to state there is medical situation.(medical equipment, newborn etc...)

**Please click here [National Grid Medical Form](#)**

1-800-3223 customer service (pay bill, set up plan)

Consumer Advocate Name & Number:

For assistance in a shut-off please contact:

Roxanne M Sousa

Senior Advocate

National Grid Consumer Advocacy & Low Income RI

401-784-7158 Business

315-460-8453 Fax

[roxanne.sousa@nationalgrid.com](mailto:roxanne.sousa@nationalgrid.com)

[ConsumerAdvocateNE@nationalgrid.com](mailto:ConsumerAdvocateNE@nationalgrid.com)

Or the Health department Emergency preparedness to fill out this form:

RIDOH Special Needs

### **George Wiley Center**

Fights to stop utility shut-offs. If you receive a termination notice or are currently shut off, call us (401-728-5555) to find practical support, how to exercise your rights as a utility customer, and ways to prevent shut-off.

Website <http://www.georgewileycenter.org>

## **Gas**

### **Gas leak and gas emergencies**

1-800-640-1595

We're here 24 hours a day, every day of the year.

### **Customer support:**

1-800-322-3223

### **Hearing/speech-impaired customers:**

1-800-870-1664 ext.711

## **Oil and other Heating Assistance Programs**

- **JOE-4-OIL**

The Citizens Energy Oil Heat Program works to provide struggling families with financial assistance.

**Contact Information:** Call 1-877-JOE-4-OIL (1-877-563-4645)

- **Good Neighbor Energy Fund**

The Good Neighbor Energy Fund is a cooperative effort between Rhode Island's gas, electric and oil companies and the United Way of Rhode Island. The effort helps people in financial crisis to pay their energy bills after they have failed to qualify or have been turned away from other federal and state energy assistance programs. Please call for assistance or visit website at

<http://www.rhodeislandgoodneighbor.org/>

- **Keep the Heat On**

The Archdiocese of Providence sponsors the "Keep the Heat On" Challenge, which helps heat the homes of those who have exhausted all other public and private resources and with no place left to turn for assistance with their heating bills.

**Contact Information:** Call 401-421-7833 x. 207

<http://www.heatri.com/contact/>

- Roman Catholic Diocese of Providence  
Office of Catholic Charities & Social Ministry  
Keep the Heat On  
One Cathedral Square  
Providence, RI 02903

401/421-7833

KTHO@dioceseofprovidence.org

You may also contact a satellite office for heating assistance:

- **PROVIDENCE & NEWPORT COUNTY**

Cities: Barrington, Bristol, Cranston, East Providence, Foster, Johnston, North Providence, Providence, Scituate, Warren, Jamestown, Little Compton, Middletown, Newport, Portsmouth, Tiverton:

401/421-7833

Monday – Friday; 8:30AM – 4:30PM

- **WASHINGTON COUNTY**

Cities: Charlestown, Exeter, Hopkinton, Narragansett, North Kingstown, Richmond, South Kingstown, Westerly

401/783-3149

Tuesday & Wednesday, 9AM – 3PM

Thursday 9AM.-2PM

- **KENT COUNTY**

Cities: Coventry, East Greenwich, Warwick, West Greenwich, West Warwick

401-823-6211

Monday & Wednesday 9AM-4PM Saturday, 9:00AM – 12:00PM Food distribution (all are welcome)

- **WOONSOCKET**

Cities: Woonsocket, Burrillville, Glocester, North Smithfield, Smithfield

401/762-2849

Mondays & Wednesdays 9AM-4PM

- **PROJECT HOPE, PAWTUCKET**

Cities: Central Falls, Pawtucket, Lincoln, Cumberland

401/728-0515

Monday – Friday, 8:30AM -4:30PM

- *All application interviews by appointment only. Please contact the office by phone to schedule an appointment.*

## State of Rhode Island Energy Resources

### ***Community Action Programs near you that offer heating assistance***

#### **LIHEAP**

LIHEAP (Low Income Home Energy Assistance Program) is a vital resource for many in Rhode Island, offering monetary assistance for heating expenses in the winter. For information on how to sign up for a LIHEAP grant, call or visit your local CAP (Community Action Program) agency, or visit the LIHEAP web page for contact information for your local CAP near you.

#### ***Other Shopping Options***

***Even if you are not eligible for assistance programs, you may be able to reduce your heating costs or spread them out over the year.***

- **Oil Co-op**

Oil co-ops like People's Power and Light often save their members money on their oil.

- **Budget Payment Plan**

- <https://www1.nationalgridus.com/BudgetPlan>
- Pascoag Utility District,

## **Legal Resources and Assistance**



### **[Download Legal Resources Guide](#)**

Rhode Island Center for Justice  
Roger Williams University School of Law: Legal Clinics  
Homeless Legal Clinic  
Open Doors  
Rhode Island Office of Mental Health and much more...

## **HOUSING ASSISTANCE**

Updated February 29, 2016

For updates please visit:

[www.rhodeislandhousing.org](http://www.rhodeislandhousing.org)

### **Rhode Island Housing Rental Guide**

[RI Rental Resource Guide English](#)

[RI Rental Resource Guide Spanish](#)

### **Rhode Island Coalition for the Homeless**

[RI Shelter Guide 2015](#)

For updates please visit:

[www.rhomeless.org](http://www.rhomeless.org)

## **RESOURCE GUIDES**

[Tri-Town Community Action Agency Resource Book](#)

[Economic Progress Institute Family Assistance](#)

[Resources for Seniors](#)

## **Food and other Basic Necessity Resources**

Updated January 2016

For updates please visit

[www.rifoodbank.org](http://www.rifoodbank.org)

## **Barrington**

Tapin

281 County Road

Barrington, RI 02806

Phone (401)247-1444

Service: Pantry

Hours / Comments: M-F 9am-12pm. East Bay area only. Located below library.

## **Bristol**

East Bay Food Pantry

150 Franklin Street

Phone (401) 396-9490

Wed. 10am-5pm & produce only Friday 10am-3pm (Wood Street Entrance). Handicap Accessible

## **Burrillville**

SVDP Our Lady of Good Help

1063 Victory Highway

Burrillville, RI 02839

Phone Number: (401)762-1834

Service: Pantry

Hours / Comments: 2nd & 4th Tue of month; 10-11am seniors & 6-7 everyone else in service area.

## **Carolina**

New Hope Pantry

80 Richmond Townhouse Road

Carolina, RI 02812

Phone Number: (401)539-4673

Services Chariho area

Hours/Comments: Open Mondays 9:30am-11:00am & Fridays 6:30pm-8:00pm. Handicap Accessible

## **Central Falls**

St. George Episcopal Pantry

12 Clinton Street  
Central Falls, RI 02863  
Phone Number: (401)722-9449  
Service: Pantry  
Hours / Comments: Open on Fridays from 9:00am-12:00pm.

Central Falls Food Pantry at Progreso Latino  
626 Broad Street  
Central Falls, RI 02863  
Phone Number: (401)728-5920  
Service: Pantry  
Hours / Comments: M, W, F 1:30-4:30. Please call to make an appointment. Central Falls residents; Handicapped Accessible.

### **Charlestown**

RI Center Assisting Those in Need  
805 Alton Carolina Road  
Charlestown, RI 02813  
Phone Number: (401)364-9412  
Service: Pantry  
Hours/Comments: Open Wednesdays 9:30-11:30am & 6:30pm-7:30pm, Thursdays 9:30am-11:30am and Fridays 2:00pm-3:00pm. Open for emergencies during office hours. Office hours are Mondays-Fridays 9:30am-3:30pm. Handicap Accessible

### **Chepachet**

Chepachet Union Church  
1138 Putnam Pike  
Chepachet, RI 02814  
Phone Number: (401)568-2518  
Service: Pantry  
Hours/Comments: Open from 10:00am-12:00pm on every 1<sup>st</sup> and 3<sup>rd</sup> Saturday of each month. Handicap Accessible. Door is on the right side of the building

### **Coventry**

Coventry Friends of Human Services  
191 MacArthur Boulevard  
Coventry, RI 02816



Phone Number: (401)822-9199

Service: Pantry

Hours/Comments: Open on Tuesdays from 1:00pm-4:00pm, Wednesdays from 9:00am-12:00pm, and Thursdays from 12:00pm-4:00pm. Coventry only. Please call for appointment; Handicap Accessible

### **Cranston**

Edgewood Pawtuxet Food Closet: Transfiguration Church

1665 Broad Street

Cranston, RI 02905

Phone Number: (401)461-3146

Service: Pantry

Hours / Comments: Open Tuesdays, Fridays 9:00am-10:45 am, Wednesdays 5:00pm-6:15 pm (serve Edgewood-Pawtuxet only); clients can come 2x/mo; Handicapped Accessible.

Comprehensive Community Action Program

311 Doric Avenue

Cranston, RI 02910

Phone Number: (401)467-9610

Service: Pantry

Hours / Comments: Open Mondays-Fridays from 10:00am-1:00pm and Wednesdays from 4:00pm-6:00pm; Handicapped Accessible.

Haitian Baptist Church of Rhode Island

12 Lincoln Avenue

Cranston, RI 02920

Phone Number: (401)944-1440

Service: Pantry

Hours / Comments: Fridays 10-12pm entrance in back (Grant Ave.)\

SVDP Emergency Food Center

181 Princess Avenue

Cranston, RI 02920

Phone Number: (401)946-5291

Service: Pantry

Hours / Comments: M W & Sat. 9-12; serves 02920; Handicapped Accessible.

## **Cumberland**

Lighthouse Community Outreach

30 Meeting Street

Cumberland, RI 02864

Phone Number: (401)725-0335

Service: Pantry

Hours / Comments: Mon. 5:00-7:00 pm (located in Cadillac Mills); if a holiday, open on Tues. instead; Serving Cumberland, Lincoln, North Smithfield; Handicapped Accessible.

Northern Rhode Island Food Pantry

10 Nate Whipple Highway

Cumberland, RI 02864

Phone Number: (401)347-5714

Service: Pantry

Hours/Comments: Open on the 3<sup>rd</sup> Saturday of the month from 10:00am-12:00pm. Pantry is located in the 2<sup>nd</sup> small white house on the right, before the bus terminal

## **East Greenwich**

East Greenwich Interfaith Food Cupboard

99 Peirce Street

East Greenwich, RI 02818

Phone Number: (401)884-4116

Service: Pantry

Hours/Comments: Open on Mondays, Wednesdays, and Fridays from 10:30am-12:00pm (at St. Luke's Church). Handicap Accessible

## **East Providence**

East Bay Community Action Program Pantry

100 Bullocks Point Avenue

East Providence, RI 02915

Phone Number: (401)437-1000

Service: Pantry

Hours / Comments: Mon. & Fri. 10-2, Tues. & Thurs. 12- 4:00, Wed. 10-2:00 & 4-6:00 pm; Handicapped Accessible.

## **Foster**

St. Paul the Apostle Church

116A Danielson Pike  
Foster, RI 02825  
Phone Number: (401)647-3664

Service: Pantry

Hours/Comments: Open every other Saturday from 10:00am-11:30am.  
(Typically on the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of the month) Please call for the  
exact schedule; Pantry is on the right of the church; enter through the  
double doors in front. Handicap Accessible

### **Greenville**

SVDP St. Philip Food Pantry  
620 Putnam Pike  
Greenville, RI 02828  
Phone Number: (401)949-2949

Service: Pantry

Hours/Comments: Open on Wednesdays from 1:00pm-3:00pm and every  
Saturday from 9:00-10:30am. Serves all of Smithfield and nearby Johnston,  
Harmony, No. Scituate,& No. Providence. Handicap Accessible

### **Harrisville**

St. Patrick Food Closet  
45 Main Street  
Harrisville, RI 02830  
Phone Number: (401)568-5600

Service: Pantry

Hours/Comments: For Burrillville residents. Open every other Monday from  
5:30pm-7:00pm. Please call first. (Note: open Tuesdays if Monday is a  
holiday)

### **Johnston**

St. Robert Food Closet  
1804 Atwood Avenue  
Johnston, RI 02919  
Phone Number: (401)231-4987

Service: Pantry

Hours/Comments: Open on Thursdays from 9:30am-12:00pm. Johnston  
residents only

### **Lincoln**

Lime Rock Baptist Church

1075 Great Road

Lincoln, RI 02865

Phone Number: (401)334-2999

Service: Pantry

Hours/Comments: Open every other Saturday from 9:00am-11:00 (starting 9/27/14) and for Lincoln residents ONLY every other Tuesday from 6:00pm-7:00pm (starting on 9/30/14); Handicap Accessible

### **Little Compton**

Little Compton Assistance Association

115 East Main Road

Little Compton, RI 02837

Phone Number: (401)699-7112

Service: Pantry

Hours/Comments: Open on Fridays and Saturdays from 9:00am-11:00am for Little Compton and Tiverton residents. It is located in the rear of the Wellness Center. Handicap Accessible.

### **Mapleville**

Burrillville SDA Shepherd's Food Pantry

854 Victory Highway, P.O. Box 186

Mapleville, RI 02839

Phone Number: (401)568-5255

Service: Pantry

Hours/Comments: Open on the last Tuesday of every month from 5:30pm-6:30pm

### **Narragansett**

St. Peter by the Sea

72 Central Street

Narragansett, RI 02882

Phone Number: (401)783-4623

Service: Pantry

Hours/Comments: Open on Fridays from 4:00pm-6:00pm. Handicap Accessible

### **Newport**

Boys and Girls Club of Newport Florence Gray Pantry  
1 York Street  
Newport, RI 02840  
Phone Number: (401)619-1949  
Service: Pantry  
Hours/Comments: Open on Tuesdays from 8:30am-4:30pm; Handicap Accessible

Community Baptist Church- Community Grocer  
40 Dr. Marcus Wheatland Boulevard  
Newport, RI 02840  
Phone Number: (401)847-1707  
Service: Pantry  
Hours/Comments: Open on Saturdays from 12:30-2:30pm

Community Baptist Church Meal Site  
40 Dr. Marcus Wheatland Boulevard  
Newport, RI 02840  
Phone Number:(401)847-1707  
Service: Meal Site  
Hours/Comments: Open on Saturdays from 4:30-5:30pm; Handicap Accessible

East Bay Community Action Newport  
19 Broadway  
Newport, RI 02840  
Phone Number: (401)847-7821  
Service: Pantry  
Hours/Comments: Open on Mondays from 11:00am-4:00pm, Tuesdays 9:00am-2:00pm, Wednesdays 12:00pm-4:00pm and Thursdays 1:00pm-7:00pm. Handicapped Accessible

Martin Luther King Center Meal Site  
20 Dr. Marcus Wheatland Boulevard  
Newport, RI 02840  
Phone Number: (401)846-4828  
Service: Meal Site

Hours/Comments: Breakfast is Mondays-Fridays from 7:30am-8:30am.  
Closed for weather when Newport schools close; Handicapped Accessible

Martin Luther King Center Pantry  
20 Dr. Marcus Wheatland Boulevard  
Newport, RI 02840

Phone Number: (401)846-4828

Service: Pantry

Hours/Comments: Open on Mondays and Fridays from 10:00am-2:00pm  
and Wednesdays from 10:00am-2:00pm & 4:00pm-6:30p. Handicap  
Accessible

Salvation Army Newport Corps Food Pantry

51 Memorial Boulevard

Newport, RI 02840

Phone Number: (401)846-3234

Service: Pantry

Hours/Comments: Open on Mondays, Wednesdays and Fridays 9:00am-  
2:00pm. Bread is available only on Mondays-Thursdays 11:00am-2:00pm.  
Closed on Saturdays; Handicapped Accessible

Salvation Army Newport Corps Meal Site

51 Memorial Boulevard

Newport, RI 02840

Phone Number: (401)846-3234

Service: Meal Site

Hours/Comments: Open on Fridays from 4:00pm-6:00pm and Sundays  
4:00pm-5:00pm. Handicap Accessible

St. Joseph Church Food Pantry

5 Mann Avenue

Newport, RI 02840

Phone Number: (401)847-0065

Service: Pantry

Hours/Comments: Open on Tuesdays-Fridays from 10:00am-12:00pm

### **North Kingstown**

Family Service of RI Food Pantry

415 Tower Hill Road  
North Kingstown, RI 02852  
Phone Number: (401)667-7502  
Service: Pantry  
Hours/Comments: Open on Mondays-Fridays from 9:00am-5:00pm.  
Handicapped Accessible

North Kingstown Food Pantry  
445 School Street  
North Kingstown, RI 02852  
Phone Number: (401) 885-3663  
Service: Pantry  
Hours/Comments: Open on Mondays-Fridays from 10:00am-2:00pm,  
(Please call first to make an appointment) Thursdays from 4:00pm-6:00pm  
and the last Saturday morning of the month (as needed or by appointment)  
North Kingstown residents only; Handicapped Accessible.

### **North Providence**

Embassy of Christ Church Food Pantry  
649 Woonasquatucket Avenue  
North Providence, RI 02911  
Phone Number: (401)580-4215  
Service: Pantry  
Hours/Comments: Open on Tuesdays from 6:00-8:00pm and every 3<sup>rd</sup>  
Saturday from 9:00am-12:00pm. Park and enter on Woonasquatucket Ave.  
side of the church; Handicapped Accessible

Tri-County Community Action Agency Economic Opportunity Committee  
11 Emanuel Street  
North Providence, RI 02911  
Phone Number: (401)519-1916  
Service: Pantry  
Hours/Comments: Open on Mondays-Fridays from 9:00am-3:00pm; Serves  
No. Providence, Johnston, Smithfield, No. Smithfield, Burrillville,  
Gloucester, Handicapped Accessible (Formerly Tri-Town & South County  
Community Action Agencies)

Allendale Baptist Church

545 Woonasquatucket Avenue  
No. Providence RI 02911  
Phone Number: (401)231-7669

Service: Pantry

Hours/Comments: Open on the 3<sup>rd</sup> Saturday of the month from 9:00am-11:30am and the 2<sup>nd</sup> Wednesday of every month from 5:00pm-6:30pm (non-perishables only on Wednesdays); Handicapped Accessible. Enter through side of the building)

### **North Scituate**

Scituate Food Pantry  
1315 Chopmist Hill Road  
North Scituate, RI 02857  
Phone Number: (401)647-2768

Service: Pantry

Hours/Comments: Open on Fridays from 9:00am-12:00pm. Please call first to accommodate, appointments can be arranged; Handicapped Accessible

Trinity Episcopal Church  
251 Danielson Pike  
No. Scituate, RI 02857  
Phone Number: (401)647-2322

Service: Pantry

Hours/Comments: For Scituate, Foster and Gloucester residents only. Open each Thursday from 9:00am-11:00am. Clients can come once a month; Also available as needed for emergencies- call first; Handicapped Accessible

### **Pawtucket**

Blackstone Valley Community Action Program  
210 West Avenue  
Pawtucket, RI 02860  
Phone Number: (401)723-4520

Service: Pantry

Hours/Comments: Open on Mondays-Fridays from 9:00am-3:30pm. Handicapped Accessible

Casa De Oracion Getsemani



38 Park Street  
Pawtucket, RI 02860  
Phone Number: (401)725-5010

Service: Pantry

Hours/Comments: Open on Saturdays from 9:00am-11:00am. On the border of Central Falls and Pawtucket; Pantry entrance is on Fountain Street

Church of the Good Shepherd  
490 Broadway  
Pawtucket, RI 02860  
Phone Number: (401)723-0408

Service: Pantry

Hours/Comments: Open on Saturdays 1:00pm-2:00pm; Handicapped Accessible

Covenant Congregational Church  
143 Glenwood Avenue  
Pawtucket, RI 02860  
Phone Number: (401)724-8546

Service: Pantry

Hours/Comments: Open on Wednesdays from 6:00p-7:00pm

First Baptist Church of Pawtucket  
91 Cottage Street  
Pawtucket, RI 02860  
Phone Number: (401) 725-7225

Service: Pantry

Hours/Comments: Open on Thursdays 9:00am-12:00pm. Closed on the 1<sup>st</sup> Thursday of the month. Please call in advance for an appointment. Guests can come once a month

Holy Family Parrish  
195 Walcott Street  
Pawtucket, RI 02860  
Phone Number: (401) 724-9190

Service: Pantry

Hours/Comments: Open on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month. Open from 9:00am-11:00am. Clients can come twice a month. Entrance is through the parking lot door; Handicapped Accessible

Living Hope Assembly of God  
100 Broadway  
Pawtucket, RI 02860  
Phone Number: (401) 723-2039

Service: Pantry  
Hours/Comments: Open on the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of every month from 10:00am-11:00am. Handicapped Accessible

Salvation Army Pawtucket Corps' Food Pantry  
102 High Street  
Pawtucket, RI 02860  
Phone Number: (401) 723-9533

Service: Pantry  
Hours/Comments: Open on Thursdays from 9:00am-12:00pm. Guests can come in two times a month. Handicapped Accessible

St. John the Baptist Food Pantry  
69 Quincy Avenue  
Pawtucket, RI 02860  
Phone Number: (401) 722-9054

Service: Pantry  
Hours/Comments: Open on the last two weeks of the month on Mondays 9:30am-11:00am & 6:00pm-7:00pm and Wednesdays 9:30-11:00am. Pantry entrance is in the rear of the church (near corner of Bullock and Capitol St.

St. Matthew Trinity Lutheran Food Pantry  
690 Newport Avenue  
Pawtucket, RI 02860  
Phone Number: (401)723-5632

Service: Pantry  
Hours/Comments: Open on Thursdays and Fridays from 9:00am-12:00pm and the 2<sup>nd</sup> and 4<sup>th</sup> Sunday from 11:00am-12:00pm. Serves Pawtucket and Central Falls residents. Handicapped Accessible

SVDP St. John Paul II Food Pantry St. John Paul II Parish  
697 Central Avenue  
Pawtucket, RI 02861  
Phone Number: (401) 335-3894

Service: Pantry

Hours/Comments: Open on Tuesdays from 10:00am-11:00am for 02861 residents only. Use entrance of the left side of the church

### Blackstone Valley Emergency Food Center

75 Benefit Street

Pawtucket, RI 02861

Phone Number: (401) 724-7170

Service: Pantry

Hours/Comments: Open on Mondays, Wednesdays, and Fridays from 9:00am-11:30am and Thursdays from 4:00pm-6:30pm (working families/individuals only) closed on the 1<sup>st</sup> week of each month. Available for Pawtucket, Central Falls, Lincoln and Cumberland residents; handicapped accessible

### **Peace Dale**

Johnnycake of Peace Dale Food Pantry

1183B Kingstown Road

Peace Dale, RI 02879

Phone Number: (401) 284-0303

Service: Pantry

Hours/Comments: Open on Tuesdays from 1:00pm-4:30pm, Wednesdays and Thursdays from 9:30am-4:30pm, Fridays 9:30am-12:00pm & Saturdays 9:30am-2:30pm. Closed on Mondays. Clients may come in once a month. Handicapped Accessible.

### **Providence**

John Hope Settlement House Pantry

7 Thomas Whitten Way

Providence, RI 02903

Phone Number: (401)421-6993

Service: Pantry

Hours / Comments: Wed 9 AM - 10:30 AM (except on Holidays); Handicapped Accessible.

Our Lady of the Rosary Pantry

17 Traverse Street

Providence, RI 02903

Phone Number: (401)453-0174

Service: Pantry

Hours / Comments: Last Wed. 6:30-8:00pm & last Sat. 9-11:00am (Sat. is the USDA distribution for registered clients); not open holidays; pantry is to right of church.

PICA Meal Site

134 Mathewson Street

Providence, RI 02903

Phone Number: (401)331-8900

Service: Meal Site

Hours / Comments: Friday 4:45-6:00; open to all

St. Edward Food & Wellness Center

1001 Branch Avenue

Providence, RI 02904

Phone Number: (401)621-3827

Service: Pantry

Hours / Comments: Wed 10-2 and 5-7 (serves North End of Providence & 02904 & 02908 zips in North Providence)

SVDP St. Raymond Church

1240 North Main Street

Providence, RI 02904

Phone Number: (401)351-4224

Service: Pantry

Hours / Comments: Sat 9:00am-11:00am; Handicapped Accessible.

Ephese SDA Church

857 Eddy Street

Providence, RI 02905

Phone Number: (401)941-0998

Service: Pantry

Hours / Comments: Wed. 10-12 pm and emergency

Project Outreach

1520 Broad Street  
Providence, RI 02905  
Phone Number: (401)941-2212  
Service: Pantry  
Hours / Comments: Wed. from 8:30am-11:30am *02905 only*. Thurs. 8:30-11:30a.m *02907* & emergencies (Open Table of Christ UMC).

Central Congregational Church  
Camp Street Ministries Food Pantry, 190 1/2 Camp Street  
Providence, RI 02906  
Phone Number: (401)421-5474  
Service: Pantry  
Hours / Comments: Breadline Plus; Tuesdays-Fridays 11:00am-1:00pm. Serves to anyone from any area. Full food pantry on Saturdays from 10:00am-12:30pm for 02906 residents. Handicapped Accessible

Community Food Share First Unitarian Church  
1 Benevolent Street  
Providence, RI 02906  
Phone Number: (401)457-7149  
Service: Pantry  
Hours / Comments: 3rd Monday 2:30-5:30 (corner of Benefit and Benevolent); Handicapped Accessible.

Epiphany Soup Kitchen at St. Stephen's Church  
114 George Street  
Providence, RI 02906  
Phone Number: (401)421-6702  
Service: Meal Site  
Hours / Comments: Sat. 3:30-4:30 pm; Handicapped Accessible.

Amos House Meal Site  
460 Pine Street  
Providence, RI 02907  
Phone Number: (401)272-0220  
Service: Meal Site

Hours / Comments: M-F 7-8am & 11am-12:30pm, Sat 11am-12:30pm  
(closed 1st Saturday of the month); Handicapped Accessible.

Assumption of the BVM Church

791 Potters Avenue

Providence, RI 02907

Phone Number: (401)941-1248

Service: Pantry

Hours / Comments: 1st & 3rd Wed & Thurs 10:30-11:45am & and for  
emergencies.

Community Action Partnership of Providence Elmwood Pantry

85 Atlantic Avenue

Providence, RI 02907

Phone Number: (401)654-4971

Service: Pantry

Hours / Comments: Tuesdays 1:30pm-3:00pm & Wed 10 AM - 2 PM for  
seniors in the 02907 area; Handicapped Accessible.

Interfaith Food Ministry

95 Hathaway Ctr #61

Providence, RI 02907

Phone Number: (401)461-1773

Service: Pantry

Hours / Comments: Sat. 10-12 pm (S. Elmwood only)

JSA - Louis and Goldie Chester Full Plate Kosher Pantry

100 Niantic Avenue

Providence, RI 02907

Phone Number: (401)621-5374

Service: Pantry

Hours / Comments: Tues. & Fri. 10am - 2pm (located @ Age Well RI).  
Pantry is for clients who require kosher diets; Handicapped Accessible.

McAuley House

622 Elmwood Avenue

Providence, RI 02907

Phone Number: (401)941-9013

Service: Meal Site

Hours / Comments: M-F 8am-9:30am (Breakfast) and 11:15am-1pm (Lunch); Handicapped Accessible.

Federal Hill House Pantry

35 Swiss Street

Providence, RI 02909

Phone Number: (401) 421-4722

Service: Pantry

Hours/Comments: Open Mondays-Fridays 10:00am-12:00pm & 1:30pm-4:00pm. Clients may come 2x a month. Enter through the back of the building, lower level, middle door. Handicapped Accessible

Maranatha Food Pantry of Church of God

1040 Atwells Avenue

Providence, RI 02909

Phone Number: (401) 521-4860

Service: Pantry

Hours/Comments: Open every Friday 10:00am-12:00pm for 02909 and 02908 residents. Handicapped Accessible using front ramp; ask staff for assistance

Maranatha Meal of Church of God

1040 Atwells Avenue

Providence, RI 02909

Phone Number: (401) 521-4860

Service: Meal Site

Hours/Comments: Sunday lunch 1:30pm-2:30pm and Friday Brunch for 02908 & 02909 food pantry guests 10:00am-11:00am; Handicapped Accessible

Olneyville Food Center

261 Manton Avenue

Providence, RI 02909

Phone Number: (401) 714-0057

Service: Pantry

Hours/Comments: Mondays and Wednesdays 10:00am-4:00pm; Tuesdays and Thursdays 10:00am-2:00pm. On Fridays, Seniors only 10:00am-2:00pm. Serves 02909 & 02908 residents only. Handicapped Accessible. Guests may visit the pantry 2x a month

Silver Lake Community Center  
529 Plainfield Street  
Providence, RI 02909  
Phone Number: (401) 944-8300  
Service: Pantry

Hours/Comments: Open on Mondays, Tuesdays, Thursdays and Fridays from 9:00am-5:00pm (closed 1:00pm-2:00pm); Wednesdays 11:00am-1:00pm. Silver Lake area only; Handicapped Accessible

St. Thomas Church  
65 Fruit Hill Avenue  
Providence, RI 02909  
Phone Number: (401) 272-7118  
Service: Pantry

Hours/Comments: Open on Tuesdays 9:30am-11:30am; enter on the left side of the rectory

Providence Assembly of God Meal Site  
353 Elmwood Avenue  
Providence, RI 02907  
Phone Number: (401)461-7210  
Service: Meal Site  
Hours / Comments: Wed 7:00 pm - 8:30pm

Providence Assembly of God Pantry  
353 Elmwood Avenue  
Providence, RI 02907  
Phone Number: (401)461-7210  
Service: Pantry  
Hours / Comments: 2nd & 4th Fridays, 11-1:00.

Providence Spanish SDA Church



131 Elmwood Avenue\*

Providence, RI 02907

Phone Number: (401)588-0983

Service: Pantry

Hours / Comments: Second week of March thru Dec. open 2nd and 4th Wed of the month 5:30-7 pm; Handicapped Accessible.

Salvation Army Providence Corps' Food Pantry

386 Broad Street

Providence, RI 02907

Phone Number: (401)831-1119

Service: Pantry

Hours / Comments: Mondays and Tuesdays 9:30am-12pm & Thursdays 12:00pm-3:00pm; Handicapped Accessible.

Salvation Army Providence Corps' Meal Site

386 Broad Street

Providence, RI 02907

Phone Number: (401)831-1119

Service: Meal Site

Hours / Comments: Sundays 4:30-5:30 PM; Handicapped Accessible.

South Providence Neighborhood Ministries

747 Broad Street

Providence, RI 02907

Phone Number: (401)461-7509

Service: Pantry

Hours / Comments: Mon 10-12, Tue 11-1 & 4-6, Wed & Thurs 11-1, Fri 10-12:30. Bread/produce is available on Tuesdays and Fridays. (Calvary Baptist Church); Handicapped Accessible.

St. Charles Borromeo Meal Site

178 Dexter Street

Providence, RI 02907

Phone Number: (401)273-1108

Service: Meal Site

Hours / Comments: Thursdays 4:30- 5:30pm; Handicapped Accessible.

St. Charles Borromeo Pantry

178 Dexter Street

Providence, RI 02907

Phone Number: (401)273-1108

Service: Pantry

Hours / Comments: Tues.10-12pm; Fri 9:30 - 11:30am (Sept. - Dec., Tues. only, no Fridays.); Handicapped Accessible.

West End Community Center Pantry

109 Bucklin Street

Providence, RI 02907

Phone Number: (401)781-4242

Service: Pantry

Hours / Comments: Mon, Tue, Wed, Fri 9am-12pm; Tue & Wed 2pm-4:30pm. *Closed 1st week of the month. West End Residents only; Handicapped Accessible.*

Church of God Shalom

145 Chad Brown Street

Providence, RI 02908

Phone Number: (401) 421-5112

Service: Pantry

Hours / Comments: Sat 11AM-12:30PM; Handicapped Accessible.

Gateway Healthcare Capital City Community Center

Rudolph Tavares Community Center, 263 Chad Brown Street

Providence, RI 02908

Phone Number: (401)455-3890

Service: Pantry

Hours / Comments: Monday and Wednesday from 9:00 am - 2:00 pm. Clients can come 1x/month. Produce Only Days: Wed at 9:30 am; clients can get produce weekly. Use Rear Door off parking lot; Handicapped Accessible.

Gospel Tabernacle Outreach Meal Site

145 Oakland Avenue

Providence, RI 02908

Phone Number: (401)454-0988

Service: Meal Site

Hours / Comments: 2<sup>nd</sup> and 4<sup>th</sup> Mondays of the Month from 5:00pm-6:00pm

Gospel Tabernacle Outreach Pantry

145 Oakland Avenue

Providence, RI 02908

Phone Number: (401)454-0988

Service: Pantry

Hours / Comments: 2nd & 4th Monday of the month from 6:00-7:00pm

Love Divine Pantry

Cherubim & Seraphim Church, 28 Candace Street

Providence, RI 02908

Phone Number: (401)454-4700

Service: Pantry

Hours / Comments: Every third Saturday 12-2 PM; Handicapped Accessible.

PICA Food Cupboard

15 Hayes Street

Providence, RI 02908

Phone Number: (401)454-7422

Service: Pantry

Hours / Comments: Mon 12-4 PM; Tue-Fri 9 AM-1 PM; serves all of Providence

St. Patrick Church Mary House Meal Kitchen

244 Smith Street

Providence, RI 02908

Phone Number: (401)274-6286

Service: Meal Site

Hours / Comments: Mondays 3:30-5:15 PM; Handicapped Accessible

St. Peter & St. Andrew Food Pantry

70 Pemberton Street

Providence, RI 02908

Phone Number: (401)272-9649

Service: Pantry

Hours / Comments: Hours are every 2nd and 4th Saturday of each month from 1-2pm beginning on October 10, 2015. Handicapped Accessible.

**Church of the Master Meal Site**

15 Valley Street

Providence, RI 02909

Phone Number: (401)861-5568

Service: Meal Site

Hours / Comments: Saturdays: doors open at 7 AM and meal served from 9-10 AM (closed mid-June through mid-Sept.); Handicapped Accessible (ramp in back of bldg.)

**SVDP St. Anthony's Church**

549 Plainfield Street

Providence, RI 02909

Phone Number: (401)943-2300

Service: Pantry

Hours / Comments: T W F 10-11, Serve each family once monthly

**Riverside**

**Good Neighbors Meal Site**

55 Turner Avenue

Riverside, RI 02915

Phone Number: (401) 433-0045

Service: Meal Site

Hours/Comments: Available Mondays-Fridays 8:00am-9:30am & 11:30am-12:00pm sharp for lunch; parking/entrance is on Dorr Avenue in back of the building

**Good Neighbors Pantry**

55 Turner Avenue

Riverside, RI 02915

Phone Number: (401) 433-0045

Service: Pantry

Hours/Comments: Open Wednesdays 8:00am-11:00am & 12:00pm-1:00pm; parking/entrance is on Dorr Avenue in the back of the building

**Rumford**

Bread of Life Food Pantry  
100 Newman Avenue  
Rumford, RI 02916  
Phone Number: (401) 434-4742  
Service: Pantry

Hours/Comments: Located at the Newman Congregational Church. Open on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the Month from 5:00pm-7:00pm. Clients may come once a month; Handicapped Accessible

### **South Kingstown**

New Life Assembly of God  
251 Post Road  
South Kingstown, RI 02879  
Phone Number: (401) 575-3521  
Service: Pantry

Hours/Comments: Open on the 2<sup>nd</sup> Wednesday of the month from 12:00pm-1:00pm & the 4<sup>th</sup> Wednesday of the month from 5:30-6:30pm; call first, pantry is behind church, Handicapped Accessible

### **Tiverton**

East Bay Community Action Program Tiverton Pantry  
1048 Stafford Road  
Tiverton, RI 02878  
Phone Number: (401) 625-5134  
Service: Pantry

Hours/Comments: Open on Tuesdays 9:00am-2:00pm and Wednesdays 9:00am-6:30pm; also available by appointment. Handicapped Accessible

### **Warren**

St. Mary of the Bay  
645 Main Street  
Warren, RI 02885  
Phone Number: (401) 245-7000  
Service: Pantry

Hours/Comments: Open on Tuesdays from 3:00-6:00pm & Wednesdays from 9:00-1:00pm; serves the East Bay and all other areas; entrance is on the left side of the building. Handicapped Accessible

## **Warwick**

Westbay CAP Market Place

211 Buttonwoods Avenue

Warwick, RI 02886

Phone Number: (401)732-4660

Service: Pantry

Hours / Comments: M-F 9:00-4:30 PM, West Warwick, Warwick and E. Greenwich; Handicapped Accessible.

Cornerstone Church Food Pantry

1990 Elmwood Avenue

Warwick, RI 02888

Phone Number: (401)781-6121

Service: Pantry

Hours / Comments: 1st & 3rd Saturday 9-11:00 am and 2nd Monday 6-8:00 pm per month; Handicapped Accessible.

St. Rita Church Pantry

722 Oakland Beach Avenue

Warwick, RI 02889

Phone Number: (401)738-1800

Service: Pantry

Hours / Comments: M and W 10-12; Oakland Beach area ONLY; Emergencies as needed; Handicapped Accessible.

## **West Greenwich**

Faith Fellowship Food Pantry

260 Victory Highway

West Greenwich, RI 02817

Phone Number: (401) 397-3383

Service: Pantry

Hours/Comments: Open on the 2<sup>nd</sup> Tuesday from 5:30pm-7:00pm (for West Greenwich residents only) & 3<sup>rd</sup> Wednesday from 5:30-7:00pm, and 3<sup>rd</sup> Saturday from 9:00am-11:00am

## **West Warwick**

West Warwick Senior Center Meal Site

145 Washington Street

West Warwick, RI 02893

Phone Number: (401)822-4450

Service: Meal Site

Hours / Comments: M-F 12-1pm, Seniors & Disabled only; Handicapped Accessible.

West Warwick Senior Center Pantry

145 Washington Street

West Warwick, RI 02893

Phone Number: (401)822-4450

Service: Pantry

Hours / Comments: M-F 8:30-4:00pm; Handicapped Accessible.

SVDP St. Anthony Soup Kitchen

10 Sunset Avenue

West Warwick, RI 02893

Phone Number: (401)821-8342

Service: Meal Site

Hours / Comments: Monday 10:00am -1:00pm; Handicapped Accessible.

SVDP St. John & James Soup Kitchen

17 St. John Street

West Warwick, RI 02893

Phone Number: (401)821-7661

Service: Meal Site

Hours / Comments: Thurs. 11:30-1:00 lunch; Handicapped Accessible.

SVDP West Bay Meal Site

145 Washington Street

West Warwick, RI 02893

Phone Number: (401) 822-4450

Service: Meal Site

Hours / Comments: Sat. 11am - 12pm; Handicapped Accessible.

West Warwick Assistance Agency

1293 Main Street  
West Warwick, RI 02893  
Phone Number: (401) 828-0310  
Service: Pantry  
Hours / Comments: M W F 10am - 2pm; Handicapped Accessible.

### **Westerly**

SVDP Immaculate Conception  
111 High Street  
Westerly, RI 02894  
Phone Number: (401) 596-2130  
Service: Pantry  
Hours/Comments: Open on Mondays, Wednesdays and Thursdays from 10:00am-12:00pm; clients can come in 1 time a month; Handicapped Accessible

WARM Shelter Meal Site Program  
54 Spruce Street  
Westerly, RI 02891  
Phone Number: (401) 596-9276  
Service: Meal Site  
Hours/Comments: Every day; lunch 12:00pm-1:00pm and dinner 5:30-6:30pm; Handicapped Accessible

Jonnycake of Westerly Food Pantry  
23 Industrial Drive  
Westerly, RI 02891  
Phone Number: (401) 377-8069  
Service: Pantry  
Hours/Comments: Open Mondays 12:00pm-3:00pm, Tuesdays-Saturdays 9:00am-12:00pm & Thursdays 3:00pm-6:00pm; Handicapped Accessible

### **Woonsocket**

All Saints Church Feed My Sheep Meal Site  
323 Rathbun Street  
Woonsocket, RI 02895  
Phone Number: (401)762-1100  
Service: Meal Site



Hours / Comments: Tue 4:30-5:30 PM, Closed the first two wks of the month -Handicapped Accessible.

All Saints Church Pantry  
323 Rathbun Street  
Woonsocket, RI 02895  
Phone Number: (401)762-1100  
Service: Pantry

Hours / Comments: 2nd, 3rd and 4th Weds of the month 10:00-11:45am.  
Clients may come in once a month. Pantry is in basement of church;  
Handicapped Accessible. CSFP Box distribution is on the 1<sup>st</sup> Friday of the month from 9:30-11:00am

Connecting for Children and Families, Inc.  
37 Center Street  
Woonsocket, RI 02895  
Phone Number: (401)766-3384  
Service: Pantry  
Hours / Comments: Tuesday, 9-12:00 & emergencies as needed. (Hope Street Family Center).

Our Lady, Queen of Martyrs Church  
1409 Park Avenue  
Woonsocket, RI 02895  
Phone Number: (401)762-5117  
Service: Pantry  
Hours / Comments: Tue and Thu 1:30-2:30, w/referral from Community Care Alliance, backdoor of rectory; Handicapped Accessible.

St. Agatha's Church  
34 Joffre Avenue  
Woonsocket, RI 02895  
Phone Number: (401)767-2950  
Service: Pantry  
Hours/Comments: Open on the 1<sup>st</sup> and 3<sup>rd</sup> Friday of the month from 10:00am-11:30am. Call first (Helping Hands Program); Handicapped Accessible

St. James Episcopal Church  
24 Hamlet Avenue  
Woonsocket, RI 02895  
Phone Number: (401)762-2222

Service: Pantry

Hours / Comments: M & W 3-4:00 pm w/referral from Community Care Alliance or other agencies in surrounding RI and MA. (Pantry located in rear)

St. Joseph Cupboard  
1200 Mendon Road  
Woonsocket, RI 02895  
Phone Number: (401)766-0626

Service: Pantry

Hours / Comments: Fridays 5:30- 6:00 pm - call Community Care Alliance first; Handicapped Accessible.

SVDP Bryan's Pantry  
190 North Main Street  
Woonsocket, RI 02895  
Phone Number: (401)766-3088

Service: Pantry

Hours / Comments: Tickets are distributed on Thursdays 10 am-11:00 am @ St. Charles Church (side entrance on Daniels Street); Handicapped Accessible.

### **Seekonk, Massachusetts**

Seekonk Portuguese SDA Church  
781 Newman Avenue  
Seekonk, Massachusetts 02771  
Phone Number: (508) 761-9181

Service: Pantry

Hours/Comments: Open on every 3<sup>rd</sup> Wednesday of the month from 6:30-7:30pm

### **South Attleboro, Massachusetts**

South Attleboro Assembly of God  
1052 Newport Avenue

South Attleboro, Massachusetts 02703

Phone Number: (508) 761-7334

Service: Pantry

Hours/Comments: Open on the 4<sup>th</sup> Saturday of the month from 9:30am-10:00am; Handicapped Accessible

SVDP St. Theresa Food Pantry

18 Baltic Street

South Attleboro, Massachusetts,02703

Phone Number: (508) 761-5579

Service: Pantry

Hours/Comments: Open on Wednesdays from 9:30-10:30am for South Attleboro residents only; Handicapped Accessible

Please click for full list of [RI Food Bank Emergency Food Providers](#)