

Emma Pendleton Bradley Hospital

Community Health Needs Assessment Implementation Strategy

October 1, 2019- September 30, 2022

As a result of the Community Health Needs Assessment (CHNA) prepared for Emma Pendleton Bradley Hospital (EPBH) as of September 30, 2019, EPBH’s leadership team, executive management, and other individuals critical to the organizational planning process have created an implementation strategy detailing action item plans covering the period from October 1, 2019 through September 30, 2022 to attend to the significant needs identified in EPBH’s CHNA report. Based on the complex health issues in the community, EPBH has strategically planned ways to address these significant needs in order to maximize the improvement of the overall health and wellness of residents within its community. As discussed in the September 30, 2019 CHNA, available online at <https://www.lifespan.org/sites/default/files/lifespan-files/documents/centers/lifespan-community-health/9-30-2019-EPBH-CHNA.pdf>, EPBH identified the following issues as significant health needs currently facing its community:

1. Access to Services
2. Systems of Care
3. Outreach and Education
4. Substance Use Prevention

Significant Health Need #1	Access to Services		
Actions Planned for Implementation	Resources Planned to Address Significant Health Need	Anticipated Impact on EPBH Community	Outside Groups Collaboration
<p>1.1 Improve geographic access through telemedicine:</p> <p>EPBH will maintain its existing psychiatry capacity in South County and develop new capacity to provide services to non-Lifespan sites. It will initiate a pilot program by FY 2021 to offer telemedicine services to children and adolescents on Block Island in collaboration with Block Island Medical Center. It is expected that additional referrals will come from pediatric primary care providers and school counselors.</p>	<p>Facility space; Capital expenditures and operating funding; Professional and administrative staff.</p>	<ul style="list-style-type: none"> • Reduce obstacles to access for patients, especially in the South County region of Rhode Island. 	<ul style="list-style-type: none"> • Block Island Medical Center
<p>1.2 Improve access to language interpretation:</p> <p>EPBH intends to explore and evaluate the process and cost necessary to certify existing behavioral health providers as interpreters, representing a more clinically sensitive approach to interpreter services.</p>	<p>Investment in interpreter training certifications.</p>	<ul style="list-style-type: none"> • Eliminate language and communication barriers preventing access to care. 	<p>N/A</p>

<p>1.3 Promote the Pediatric Psychiatry Resource Network (PediPRN) to family physicians and KIDS Link (a hotline for children in emotional crisis) to parents. In response to the overwhelming demand for pediatric psychiatric consultation across Rhode Island, and in recognition of the limited pipeline of new providers, EPBH has established the PediPRN, a free telephone consultation service for the State’s pediatric care providers, which created real-time phone consultation service staffed by our child psychiatrists for all pediatric primary care providers in Rhode Island.</p>	<p>Additional staff able to handle increased demands for this service;</p> <p>Continue working with pediatricians and reevaluate engagement strategies for family practices.</p>	<ul style="list-style-type: none"> Provides mental health services to children and parents without requiring in-person appointments. 	<ul style="list-style-type: none"> Rhode Island Academy of Family Physicians; Rhode Island Primary Care Physicians Corporation
<p>Significant Health Need #2</p>	<p>Systems of Care</p>		
<p>Actions Planned for Implementation</p>	<p>Resources Planned to Address Significant Health Need</p>	<p>Anticipated Impact on EPBH Community</p>	<p>Outside Groups Collaboration</p>
<p>2.1 Provide transition supports to adult care/services:</p> <p>Through the Verrecchia Clinic and funding from philanthropy, EPBH will provide a part-time social worker to focus on providing case management services to families with children and adolescents who have autism/developmental disabilities and psychiatric conditions.</p>	<p>Part-time social worker;</p> <p>Add a 0.5 FTE physician and post-doctoral psychology fellow for direct service;</p> <p>Additional space to expand capacity related to research activities and develop genetics services.</p>	<ul style="list-style-type: none"> Expanded adult care services provided to improve continuity of care. 	<ul style="list-style-type: none"> Verrecchia Clinic
<p>2.2 Optimize discharge planning to home and school-based services:</p> <p>EPBH will expand its partnerships with organizations to assist with discharge planning. The inpatient units will receive weekly e-mails from Gateway Healthcare, Inc., a Lifespan affiliate, and other community mental health providers that provide home based support to families and children and arrange for dedicated referrals and “warm hand-offs”. Partial hospital programs meet regularly with community providers, such as Day One and Hasbro Children’s Hospital, to stay informed of programs and services that are available. The number of these presentations will be increased and the breadth of speakers will be expanded.</p>	<p>Increased number of presentations and speakers to expand availability of additional resources related to this service.</p>	<ul style="list-style-type: none"> Improved home-based support services for children and their families. 	<ul style="list-style-type: none"> Day One in Providence, Rhode Island.

Significant Health Need #3	Outreach and Education		
Actions Planned for Implementation	Resources Planned to Address Significant Health Need	Anticipated Impact on EPBH Community	Outside Groups Collaboration
<p>3.1 Develop a menu of web-based educational programs and distance learning topics:</p> <p>EPBH, through Bradley Online Learning (BOL), is transitioning to the TRAIN learning management system. The system is utilized by four federal agencies and 27 states, including Rhode Island. It currently has over 2 million registered learners in the system. TRAIN works as a learning network, allowing agencies and organizations to host content, share courses, and make that same content available to the public. Further, the move to TRAIN will modernize the Bradley Online Learning experience, as the site is more user- and mobile- friendly than the previous learning platform. Moving to TRAIN will also enhance the visibility of courses in Google searches, and the courses would be available on TRAIN and via the EPBH website.</p> <p>In addition to the BOL, PediPRN is developing a library that currently contains 10 videos on “Top 5 in Child Psychiatry” topics targeting pediatric primary care providers. These videos provide the top 5 things that these providers should know when meeting children who have a variety of mental health conditions. The library will be expanded to address future topics as they develop.</p>	<p>EPBH intends to distribute its content to national and state agencies while at the same time offering the courses to a public audience on demand.</p> <p>EPBH currently has approximately 20 courses available online including topics such as Autism in Infancy, Supporting Optimal Sleep in Adolescents, Tackling Tics, Talking with Children about Medication and Understanding and Helping Adolescents with Non-Suicidal Self-Injurious Behavior. New courses such as Home and Community Based Mental Health Services for Youth, Updates for Eating Disorders, and Children of Parents with Mental Illness are in development;</p> <p>Investment in Information Technology resources necessary to implement this program.</p>	<ul style="list-style-type: none"> Increased educational opportunities for patients, families, and providers about a wide range of mental health conditions. 	<p>N/A</p>

<p>3.2 Offer educational programs on behavioral health topics identified in EPBH's CHNA for professionals who work with school age children, e.g., coaches, educators, and school associations:</p> <p>Through the Bradley Learning Exchange, EPBH clinicians and educators offer a wide range of educational programs on behavioral health topics for professionals who work with youth. During FY 2019, EPBH provided over 4,000 hours of learning experiences for teachers, educational administrators, primary care and other medical personnel, clergy, day care and other child caring staff, coaches, law enforcement personnel, and countless other professionals. The goal for the upcoming three years is to increase the hours of training each year.</p> <p>Through collaboration with the Rhode Island Department of Education (RIDE), EPBH will present educational programs to school personnel on topics such as suicide prevention, the effects of trauma on learning, the basics of mental health diagnosis, de-escalating challenging behaviors, self-care for educators, and engaging challenging students. It is expected that topics and participants will increase each year.</p> <p>EPBH sponsors the Bradley Conference, a fall and spring series of half and full day conferences to professionals (parents often participate) who work with children, adolescents, and adults. In 2019, the Bradley Conference held nine conferences with over 400 participants throughout New England. The expectation for future fiscal years is to at least maintain the level of participation.</p> <p>Also relevant to educational program development is the PediPRN's 10-month curriculum developed to educate and support the learning of pediatric primary care providers around children's mental health topics. The inaugural class of 17 providers will graduate in December 2019, and the expectation is that a minimum of 16 providers will be enrolled starting in the spring of 2020.</p>	<p>Beginning in FY 2020, EPBH will be participating in Project Aware--a five-year, multimillion-dollar Federal grant designed to raise awareness of mental health issues in three Rhode Island School Districts;</p> <p>The Bradley Learning Exchange is also collaborating with the Rhode Island Department of Health on a three-year grant to bring Mental Health First Aid to Emergency Medical Technicians and other medical professionals;</p> <p>The PediPRN program will pilot bimonthly case discussion groups for graduates of its 10-month intensive program.</p>	<ul style="list-style-type: none"> • Increased educational and access opportunities for clinicians, educators, child care staff, coaches, law-enforcement personnel, and other professionals which can be used to assist the EPBH community in dealing with mental health issues; • PediPRN provides mental health services to children and parents without requiring in-person appointments. 	<ul style="list-style-type: none"> • Rhode Island School Districts; • Rhode Island Department of Educations.
<p>3.3 Offer educational programs for parents on behavioral health topics identified in the EPBH CHNA:</p> <p>Many of the Bradley Learning Exchange programs are open to parents and other family members. "Project Aware" referenced earlier has a parent education component and select topics will be developed and presented to families throughout the duration of the grant.</p>	<p>Currently offer a limited series of programs to expand further collaboration and educational sessions.</p>	<ul style="list-style-type: none"> • Increased educational and access opportunities for parents of children with behavioral health issues which can also be used to assist children dealing with mental health issues. 	<p>N/A</p>

<p>3.4 Continue to offer Mental Health First Aid programs:</p> <p>EPBH will be a pilot site for Teen Mental Health First Aid, a course in development by the National Council for Behavioral Health, with evaluative data management being provided by Johns Hopkins University. The course is a skills-based training designed to teach students in grades 10-12 about mental health and substance-use issues. EPBH will participate in the pilot and development period, with instructors poised to bring the program to the community in 2021.</p> <p>In addition to the planned extension of offering Mental Health First Aid to EMT's and other medical professionals and the pilot for Teen Mental Health First Aid, EPBH is targeting certification of over 1,000 participants in FY 2020 and continued program growth in FY 2021 and FY 2022.</p>	<p>Additional providers and treatment space.</p>	<ul style="list-style-type: none"> • Providing additional certification opportunities to EMT's and medical professionals will improve care provided to individuals dealing with mental health issues; • Providing the Mental Health First Aid program to high-school students will help them manage and identify issues created by substance use. 	<ul style="list-style-type: none"> • Johns Hopkins University.
<p>Significant Health Need #4</p>	<p>Substance Use Prevention</p>		
<p>Actions Planned for Implementation</p>	<p>Resources Planned to Address Significant Health Need</p>	<p>Anticipated Impact on EPBH Community</p>	<p>Outside Groups Collaboration</p>
<p>4.1 Offer educational programs for youth focused on increasing protective factors and reducing risk factors for substance abuse:</p> <p>The EPBH Wave Clinic will be piloting a parent education group for parents of adolescents who are struggling with both mental health and substance use conditions. The group will meet in 8-week sessions and will be facilitated by a mental health counselor and psychologist.</p> <p>The EPBH Outpatient Department is developing support groups for parents and teenagers with substance use disorders and co-occurring mental health diagnoses. The groups will provide parents with strategies for effectively supporting teenagers during the stages of behavioral change and substance abuse reduction. Topics will include relapse prevention, coping with relapse, and positive parenting practices. Each session will emphasize self-care to help parents decrease their own burnout while supporting their teen.</p> <p>Beginning in FY 2020, EPBH will be expanding its Suicide Prevention Initiative (SPI) through additional funding received from the Rhode Island Department of Children, Youth and Families (DCYF). The expansion will allow for Emergency Service clinicians to partner with a trainer from Rhode Island Student Assistance Services in enrolled school districts to teach their crisis management teams how to use the Columbia Suicide Screening tool and to educate them about the Kids' Link hotline and the SPI project. This includes instruction on how acute cases are triaged to different evaluation sites, description of EPBH's</p>	<ul style="list-style-type: none"> • Facility space; • Capital expenditures and operating funding; • Professional and administrative staff. 	<ul style="list-style-type: none"> • Existing and prospective patients will have greater access to evidence-based treatment for substance use disorders, therefore minimizing negative consequences associated with untreated disorders; • Improved access to treatment; • Greater access to rescue/harm-reduction materials; • Enhanced patient experience by addressing psychosocial aspects of care (e.g., medical/psychiatric comorbidities and social determinants of health); • Decreases the negative impact of substance use disorders. 	<ul style="list-style-type: none"> • Rhode Island Department of Children, Youth and Families; • Rhode Island Student Assistance Services.

<p>services, and information about access to care using Kids' Link and other community resources. It will also describe the process by which they can enroll students at risk for suicide in SPI, which allows EPBH to follow up with the family both two weeks and two months post-crisis. These follow up calls allow the EPBH team to identify and eliminate any barriers to treatment. EPBH has also applied for a 5-year SAMHSA grant to continue/expand its SPI efforts to other schools/districts.</p>			
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Conclusion

This Emma Pendleton Bradley Hospital Implementation Strategy report was authorized and approved by the Emma Pendleton Bradley Hospital Board of Trustees on February 11, 2020.

EPBH will document progress on the implementation strategies presented as part of its commitment to the community it serves each year in its Form 990 tax return filings as required by the IRS. EPBH appreciates the continued support of its partners, recognized below, which help it meet the health care needs of Rhode Islanders. Questions or comments on the EPBH CHNA or Implementation Plan may be submitted to:

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